

# FRANKFURT BOOK FAIR 2019

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## General Non-Fiction

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History

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Practical Books

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17,9 €

**February 2020**

**Format : 140 x 215 mm**

**240 pages**

**ISBN : 978-2-26810-240-5**

## The author

**"In 2011 I wrote Blasphemy with the help of French journalist Anne-Isabelle Tollet who has since become my soul-sister. For 9 years she mobilized the whole world and thanks to her the whole world knew of my suffering...."**

**Anne-Isabelle Tollet is Editor-in-Chief at CNews. As a senior international reporter, she is specialized in covering danger zones such as Afghanistan and Pakistan where she was based for 3 years. She is General Secretary of the Comité International Asia Bibi association.**

Asia Bibi

## I, Asia Bibi, free at last !

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**After 9 years on death row in Pakistan, Asia Bibi testifies to the world today as a freewoman.**

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### Key points :

**Co-written with journalist Anne-Isabelle Tollet.**

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"How could I ever have imagined that I at my age will become an international symbol for the fight against religious extremism" !

"The great day finally came when I was acquitted by the Supreme Court of Pakistan. It was the 31st Oct 2018". Yet I had to wait another six months before leaving Pakistan to fly to freedom. Without your prayers and your support for my freedom throughout these 9 years throughout the world I would never have been acquitted. But my story has always been told by the media. You are so far from the reality, and this is why in my book I will tell you everything".

A simple peasant woman from a tiny village in Pakistan, freed from death-row after 9 years, testifies and shares her message with the world today.

### Foreign rights licensed :

**German : Renovamen Verlag Polish : Esprit**

**Wydawnictwo Croatian : Verbum**

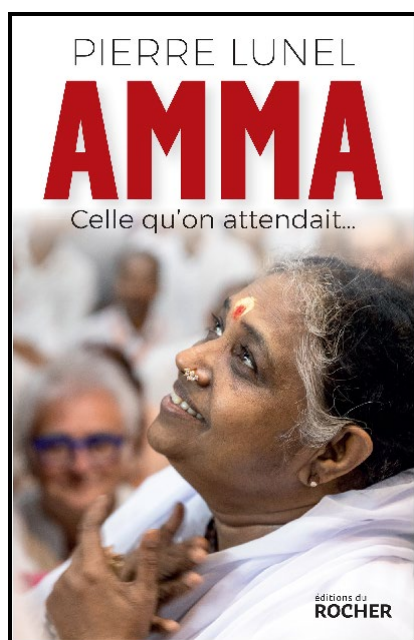
**Spanish : Homolegens Ivat**

**Slovenian : Društvo Mohorjeva družba**

**Dutch : Kokboekencentrum**

**English World (excl. Indian subcontinent) : Broadstreet Publishing Group LLC**

**English Indian subcontinent : underway**



21,9 €  
**October 2019**  
**Format : 152 x 235 mm**  
**408 pages**  
**ISBN : 978-2-26810-271-9**

## The author

**Pierre Lunel is an Associate of Roman Law and the author of several polemics essays, hagiographies on religious personalities, and historical works, including 2009 *Les Amours d'Hollywood* and 2011, *Kennedy, Women Secrets* at Editions du Rocher and several texts by Père Pedro.**



Pierre Lunel

## Waiting for Amma

First biography on the work, the lifestory and the message of Amma, made by a French writer who has met her and followed her for over a year.

### Key points :

**A planetary phenomenon, Amma has risen to levels on a par with Heads of State, the Pope, the United Nations...**

**Amma joins the ranks of those rare and great thinkers such as Ghandi, Mandela, Mother Teresa, the Dalai Lama.**

**To satisfy those searching for values in our crisis-filled society through the personalities who make a difference.**

**The reputation of the author Pierre Lunel - with a long line of success stories behind him (Abbe Pierre, Sister Emmanuelle, Père Pedro,).**

Mata Amritanandamayi Devi is a spiritual, humanitarian and visionary leader, known throughout the whole world as AMMA.

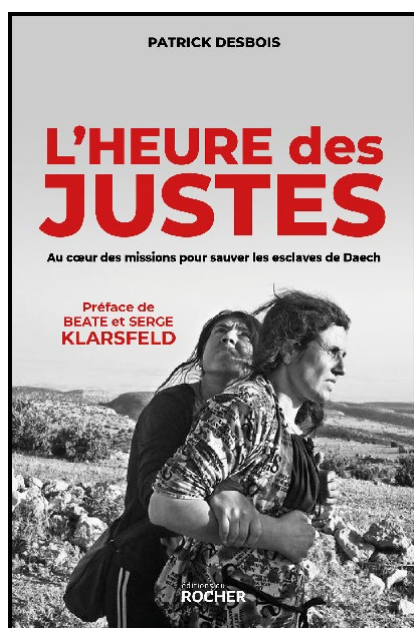
Her humanitarian, health, educational and social work via her charity network Embracing the World is one of the greatest planetary success stories (building hospitals, schools, universities, orphanages, research centers) and even the UN recognizes her as one of the main benefactors of humanity. For decades, she has transmitted wisdom, strength and inspiration. Her religion is love. A true citizen of the world, Amma offers advice to help us cope with the major problems of our times (poverty, women's rights, children's rights, terrorism, intercultural tensions, climate change) in India, Europe, the USA, Australia, Japan, Sri Lanka, Singapore, Malaysia, Canada, Africa and South America. After each "appearance," she takes each person from the audience into her arms. She doesn't just mingle with the crowds, she offers real face-to-face encounters. She has hugged over 37 million people since 1975.

She has received numerous awards for her work, including the Gandhi-King Award for Peace and Non-Violence.

WITH A PHOTO FILE.

**Foreign rights licensed**

**German : Random House Goldmann Verlag :**



19 €

January 2020

Format : 140 x 215 mm

280 pages

ISBN : 978-2-26810-243-6

## The author

**Holocaust professor at Georgetown University, founder of the Yahad-In Unum association, Father Patrick Desbois launched the "Yazidis Action" initiative in 2015, which aims to provide proof of the Yazidi genocide committed by Daesh collecting testimonies from survivors in Iraqi Kurdistan.**

**He is the author of The Holocaust by Bullets, winner of the 2008 National Jewish Book Award, and has received numerous honors for his groundbreaking work on the Holocaust, including the Humanitarian Award from the US Holocaust Museum. He resides in Washington, DC, and Paris, France.**

Beate Klarsfeld, Serge Klarsfeld, Patrick Desbois  
(Dir.)

## The Hour of the Just

### An inside account

**Rescuing the slaves from Daesh.**

A story of survival in hell. The secret civilian missions to save Yazidi hostages from IS.

### Key points :

**Preface by Beate and Serge Klarsfeld.**

**Topical : the slavery of Yazidi women ; current debates around the world on the return of the Daesh jihadists.**

**Unpublished stories and clandestine photos, the stuff of spy novels, uncovering the realities of smugglers describing their missions to save Yazidi defence trial underway with lawyer Amal Clooney**

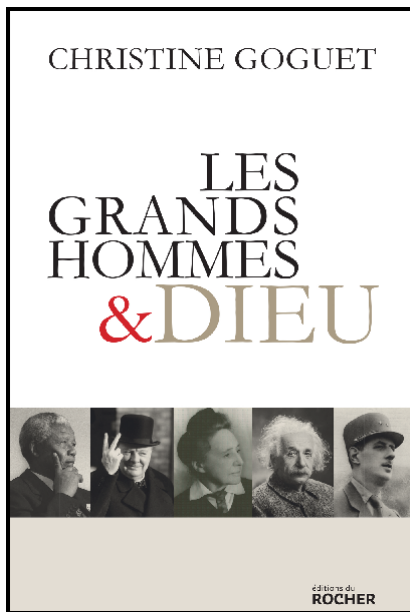
Over three years of inside information defying belief, collected by Patrick Desbois with the help of D. Cornut from the smugglers who have been liberating hostages from Isis-held Iraq and on into Europe.

We've already heard testimonies from survivors but we know much less about those who helped save them. Civilians, ordinary men and women (merchants, doctors, lawyers, taxi-drivers....) appalled by the atrocities being inflicted on innocent people set up a rescue group. Constantly tracked by Daesh, they infiltrated the group communication system and recruited informers from the farthest reaches of Syria to go on to save hundreds of lives.

This is the detailed story of the commitment of these modern-day "Schindlers" : infiltration into the fiefdom of Daesh at Raqqa, code names, under-cover operations, stake-outs, incredible escape stories at Mossoul, the strategies, the failures... **A poignant and intense story to celebrate the heroism of ordinary men against barbarism.**

"When horror collapsed on the Yazidis, they listened to their conscience and reacted against barbarism. Their rescue stories will impress, confuse and terrify. This is a story of survival in Hell ". Extract from foreward by Nazi-hunters **Beate and Serge Klarsfeld.**

**With a photo file.**



16,9 €

**December 2019**

**Format : 140 x 225 mm**

**210 pages**

**ISBN : 978-2-26809-600-1**

## The author

**Christine Goguet is a columnist for TV5 Monde, and has been a journalist for 20 years (Le Figaro and Le Parisien). She is director of the Patrimoine Français at the Centre des Monuments Nationaux including the Arc de Triomphe, the Mont Saint Michel, the Sainte Chapelle.**

**Christine Goguet**

# The World's Greatest & God.

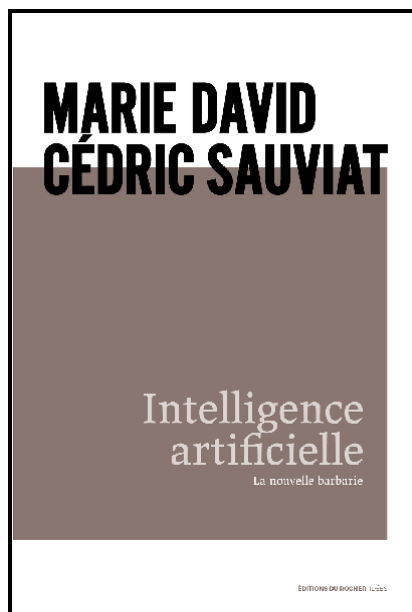
Exploring the spirituality and great hardiness of the world's great men and women through a gallery of 13 international figures from history.

## Key points :

**A highly original manner to rediscover some of the World's greatest figures from history.**

The lives of great men and women do not run as smoothly as can be thought and it is no mean feat to research the spiritual aspects of their lives ! Identifying that undisclosed part in each of us, the place of God, implies entering their very intimacy and by doing so reveal concealed dimensions as astonishing as they are ground-breaking.

This subjective and seemingly dissonant gallery of 12 world figures includes Alexandra David Neel, Nelson Mandela, Mohamed Ali, Van Gogh, Albert Einstein, Margaret Thatcher, Victor Hugo, Winston Churchill, Mitterand, John F Kennedy, Charles de Gaulle, Mother Teresa, Napoloen and encompasses their common inner quest. It will serve to illustrate a marvellous "journey on all the continents of spirituality". Each have shared the same concern : the existence of God. Does he exist ? And how does he surface from the crypts of interiority ?



18,9 €  
**October 2019**  
**Format : 140 x 210 mm**  
**316 pages**  
**ISBN : 978-2-26810-237-5**

## The author

**Marie David and Cédric Sauviat are two graduates from France's top schools and are Presidents of the French Association Against Artificial Intelligence. They work together in AI lab research and in the financial and insurance sectors.**

Marie David, Cédric Sauviat

# Artificial Intelligence. New barbarism.

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A critique of artificial intelligence written by two specialists for us to measure the great contemporary challenges by the mad race to imitate the human brain.

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## Key points :

- Foreward by **AMERICAN AUTHOR MATTHEW CRAWFORD**
  - First book to be written (in France) by professionals working daily in artificial intelligence.
  - Strong interest in the subject all over the world.
- 

From being geolocalised non-stop by our Uber applications to being offered automatic responses by Google to messages we've just received, or the manufacture of autonomous cars, these are just a few of the examples illustrating the development of artificial intelligence. This critique, by co-author specialists Marie David and Cédric Sauviat, reveals the historical, philosophical and anthropological aspects of an ever-imposing reality in our daily lives: that of artificial intelligence. Under the guise of mere technology, artificial intelligence comprises an anti-humanism philosophy. It promotes an equivalence between the human being and the machine; it allows for the imagination of thought without the person, it denies subjectivity and removes man from his position as the single holder of logos. Thus, man is at risk of becoming passive and human relationships at risk of destruction. What we must also realize is that the development of artificial intelligence is also made for the quasi-exclusive profit of the GAFA four - Google, Apple, Facebook et Amazon - destroying traditional jobs and perturbing the job market on a global level.





17,9 €

**October 2019**

**Format : 152 x 235 mm**

**256 pages**

**ISBN: 978-2-26810-280-1**

## The author

**TVweather presenter Chloé Nabédian has revolutionized the weather report in France by putting in place scientific information on the weather and on the climate, explaining weather phenomena, presenting world weather events, providing information on climate change. She now collaborates with the UNITED NATIONS World Weather Organisation as the representative of France for the world-wide campaign alerting the public to climate change.**

Chloé Nabédian

## Mad, bad weather.

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### Key points :

**Understanding weather phenomena.**

**A meticulous investigation**

**Includes over 40 interviews held with weather specialists.**

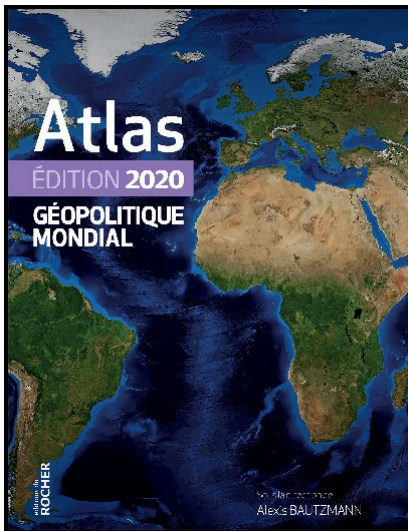
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Has the weather gone mad ?

The daily weather report attracts millions of TV viewers around the globe. But this is also a branch of knowledge beyond the reach of most of us world-wide. And yet we seek to be reassured through rational and scientific explanations, as there is a real fear of becoming victims of climate change, powerless to slow things down. Every season brings with it its lot of exceptional weather events : storms, floods, avalanches, blizzards, cyclones, tornadoes, drought... phenomena which have always existed but which now seem to intensify with each year.

For seven years Chloé Nabédian has been fortunate to study meteorology, meet with meteorology experts, researchers, engineers, sailors, explorers, astronauts, air-force hurricane researchers...

This is a meticulous investigation exploring and explaining the various weather phenomena : snow, extreme cold, extreme heat, cyclones, hurricanes, thunderstorms, tornadoes...



22,5 €

**September 2019**

**Format : 230 x 300 mm**

**192 pages**

**ISBN : 978-2-26810-239-9**

## The author

Geographer and political scientist, Alexis Bautzmann heads the International Risk Analysis and Forecasting Center (CAPRI) as well as the AREION Press group (Carto, Diplomacy, Middle East, DSI, History & Strategy magazines) that he founded in 2003. He teaches international relations and strategic affairs in several top French and foreign universities and colleges

**Guillaume Fourmont, Alexis Bautzmann (Dir.),  
Dario Ingiusto, Laura Margueritte, Riccardo  
Pravettoni**

# **GEOPOLITICAL WORLD ATLAS 2020**

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## Key points :

- Indispensable reading to keep up to date on global issues.
  - Annually renewed material covering brand-new themes every year.
  - High quality maps, texts by geographers, cartographers and political scientists: a top reference tool.
  - A unique geopolitical and cartographic encyclopedia can thus be compiled with each year's edition.
- 

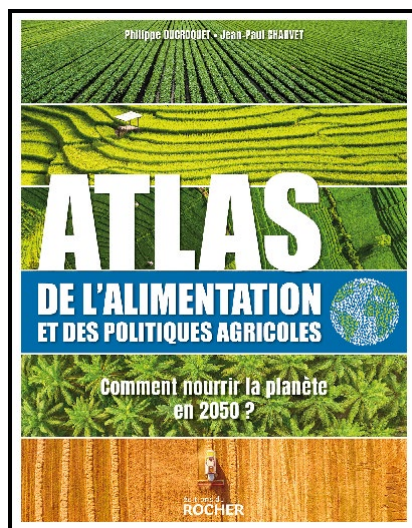
With around 300 maps and graphs covering the five continents, the GEOPOLITICAL WORLD ATLAS 2020 comprizes up to date global geopolitical material and is a real tool for the analysis and the comprehension of global issues.

From the post-Brexit economic consequences for the UK to the challenges of migration, from religious softpower in Saudi Arabia to the use of social media by IS, from President Recep Tayyip Erdogan 's revival of the Turkish regime to the weight of Chinese cultural and industrial diplomacy in Africa, from the excesses of the Philippine economy to the geopolitics of the hydrocarbon market in Central Asia, not forgetting Columbia and the FARC, Yemen's disappearing water crisis, Donald Trump's economic empire and even NATO's future...

Over 80 up to date themes are accurately , concisely and clearly analysed with supporting graphs and maps, and around 20 expert contributors.

**Foreign rights licensed :**  
**Chinese Complex : Yeren Publishing House**





24,9 €

March 2020

Format : 230 x 300 mm

192 pages

ISBN : 978-2-26810-123-1

## The author

•Philippe Ducroquet is an **agricultural engineer** with a master's degree in food economics, and was director at several international agri-food companies until 1984. He then joined Crédit Agricole du Nord-Est, where he worked successively the international and then the agro-industrial sector. In 1991, he was nominated CEO of Cofinep, a subsidiary investment bank of the CANE, then, between 1999 and 2011, CEO of Unigrains, a financial union for the development of the grain economy.

• Jean-Paul Charvet is an Associate and graduate from the elite Ecole Normale Supérieure, **Doctor of the State and Emeritus Professor of Geography** at the University of Paris Ouest-Nanterre-La Défense. He is also a member of the French Academy of Agriculture.

•Dario Ingiusto is a **cartographer**. He collaborates with *Carto* and *Middle East* magazines, as well as with *Le Monde*.

Jean-Paul Charvet (Dir.), Philippe Ducroquet (Dir.)

# Atlas of Food and Agricultural Policies around the World

**Feeding the Planet in 2050**

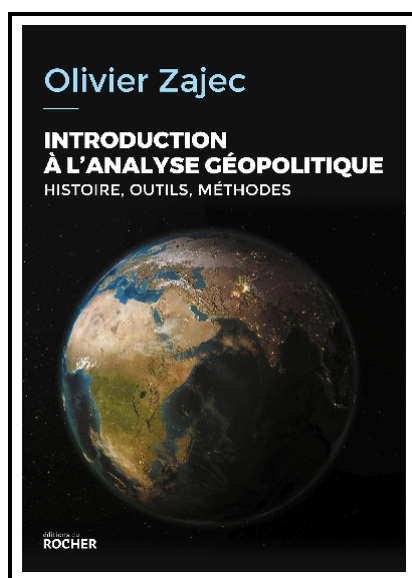
An atlas bringing together the agricultural and food policies of 32 countries around the world, including maps and graphs.

World population starvation figures are in sharp decline, down from one billion to 800 million in the last 2 decades. Yet the 2030 goal set by the UN Food and Agriculture Organization (FAO) for a hunger-free world is still far from being met. The downward trend has reversed and under-nutrition is once again on the rise. And according to the policies and resources available there are huge divides between countries. The countries with resources are not necessarily the ones which manage to eradicate hunger. Conversely, some countries with fewer resources are achieving spectacular results.

This atlas, bringing together maps and charts, takes a historical look at the agricultural and food policies being followed by 32 countries, helping us to understand why some nations are being more effective than others in eradicating hunger. China and India, the US and the European Union, Thailand and Indonesia, Malawi and Zambia, Brazil and Argentina, the Ivory Coast and Nigeria, Senegal and China. Mali, Colombia, Haiti and Cuba, etc are all analyzed and compared. What does emerge is that Asian countries have been on the whole very effective whilst elsewhere for example in sub-Saharan Africa, the situation is generally deteriorating ...

Each analysis takes into account the specificities and resources of each country, and is carried out empirically by the observation of facts, without any ideological bias, in order to draw critical conclusions for the future.

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17,9 €

September 2018

Format : 170 x 240 mm

272 pages

ISBN : 978-2-26810-067-8

## The author

**Dr. Olivier Zajec** graduated from the military academy Saint-Cyr and of Sciences-Po Paris. He is associate Professor of political science at the University of Lyon-III, and research fellow at the Centre Lyonnais d'Études de Sécurité Internationale et Défense (CLESID) and the Institut de Stratégie Comparée (ISC, Paris). He teaches strategic theory at the French War College (2011-present). His current research interests bear on the realist theory of international relations, transatlantic defence policies, nuclear policies and strategies, and geopolitical theories.

Olivier Zajec

# An introduction to geopolitical analysis

History, tools, methods

## Key points :

A practical guide to discover the major geopolitical issues.

An essential introduction to the discipline of geopolitics, its history, tools and perspectives. Illustrated with colour maps, using real-life cases.

A new edition is published every 2 years offering brand new topical content.

Ideal for students and decision makers.

What is geopolitics? Why and how has this method of analysis implemented itself? Who are its founders, what are their theories? What essential tools of analysis does it provide to understand the continuities and the cracks behind contemporary international relations?

Using contemporary cases and illustrated with many color maps, this simplified and instructive introduction provides an initial approach to the history, tools and perspectives of this discipline. Peace, war, balance, rupture : the objective is to clarify the "issues of power in the territories," in all their diversity.



14,9 €

October 2019

Format : 140 x 210 mm

220 pages

ISBN : 978-2-26810-276-4

## The author

**Born of a Syrian father himself a refugee in Europe, Tigrane Yégavian holds a Master's degree in Comparative Politics with a specialisation in the Muslim World at the prestigious IEP in Paris and a BA in Arabic at the INALCO.**

**After studying the Turkmen question in Iraq, Turkish-Iraqi relations and the question of minorities in Syria and Lebanon, he turned his attention to specialized journalism on the Middle East. He is a contributor to the Middle East, Carto and France-Armenia magazines.**

Tigrane Yégavian

# Middle-East Minorities

**The people that History forgot.**

A geopolitical synthesis of the issues around minorities from the Middle East through a critical observation and historical perspective.

## Key points :

- A plea for the Middle East minorities : the Christians, the Yezidis, the Kurds.
- A review of the catastrophic role still being played by European diplomacy.
- Incisive and researched to feed on-going debates on the relations between the Middle East and the West.

It's fashionable to talk about minorities. Devoid of consensus, the term abounds within porous, undefined contours. In the US and Europe, we use the terms "acting minorities" even "visible minorities", and in extreme cases "minority dictatorships". Whereas in the West multi-culturalism is an ideal in keeping with the times, the other side of the Mediterranean offers a very different perspective.

2014 was the year when the whole world witnessed images of the Sinjar Yezidis or Christians from the Nineva plains fleeing the Islamic State. And in the night of the 6th August 60.000 inhabitants had to escape Qaracoche under the onslaught of Daech assassins and their Sunni accomplices.

For the majority this experience was comparable to 1915. The same places and communities, the same timorous reactions from the international community, the same indignation against barbarism. With only one difference : colour pictures broadcast live.

They are now fully-fledged citizens in some countries, "protected" or discriminated against in others. These communities are having to evolve in contexts with different social, cultural and political specificities. So to encompass them homogeneously would only blur our vision. This document examines their present and future perspectives in the light of their past



19 €

November 2018

Format : 140 x 216 mm

288 pages

ISBN: 978-2-26810-064-7

## The author

**Jean-Frédéric Poisson, president of the Christian Democratic Party and former MP and among the 8 political party heads in the last presidential election debate for the presidency, he has also chaired the parliamentary inquiry commission on the means of Daesh and has led laws commission work on the state of emergency. Holder of a doctorate of philosophy devoted to human dignity and bioethics, jurist in labor law, he also published *Our blood is worth less than their oil* (Ed du Rocher, 2016) dedicated to the Christians of the Orient.**

**Previously translated into SPANISH, Jean-Frédéric POISSON speaks fluent English and Italian and is mobile for international book launches. He is also ready to adapt the text where necessary to meet local country criteria for translation.**

Jean-Frédéric Poisson

# The conquest of the West by Islam.

**Unveiling a strategy.**

The shock revelation of a document about which the West remains largely ignorant, but which is the official, concrete, and clear expression of the wish to dominate the Western World. First published in 2000 by the OIC (Organisation of Islamic Cooperation) and updated in 2006 by the 52 member-state Islamic Educational, Scientific and Cultural Organization (ISESCO), this document is brought to our attention and analyzed for the very first time by Christian Democrat President Jean-Frédéric POISSON.

## Key points :

**Crucial information for the West and the first-ever commentary on a little-known document, in order to quash current mass-scale ignorance on a subject vital to the West.**

The document in question is "Strategy of Islamic Cultural Action Outside the Islamic World" and has been published officially in three languages : Arabic, English and French. This essay is an analysis of this document - political plan of action and instrument of conquest - revealing the desire for supremacy of the Islamic civilization over all others.

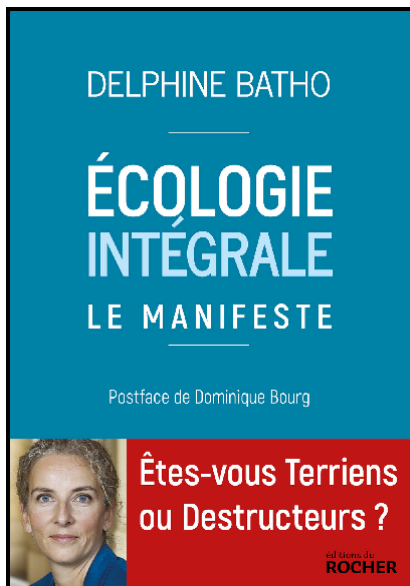
Issues related to the place of Islam in the world - and especially in Western societies - have never been so prominent, and it is indispensable to know the stakes as well as the intentions of those who present themselves as adversaries. We must be able to understand, react and act. This commentary is also an opportunity to explain a certain number of notions that Islam and the West do not use in the same way, the notions of "civilization", "peace", "culture"....

PRESS: LA Nouvelle Gazette 11 dec 2018 «In short, Education ! »

TV LIBERTES 10 dec 2018 : « A book in which he dissects a document dated 2000 in which the Muslim countries have developed their strategy of expansion in the West. A battle plan that has come a long waysince ».

At the invitation of **Marion Maréchal** 8 dec 2018 conference and book signing at the **ISSEP** Institut de Sciences Sociales Economiques et Politiques.

FDESOUCHE 15 NOV 2018 "The Islamists are sliding like butter into our atomised societies whose political and educational leaders have only one idea in mind : status quo !"



9,9 €

**January 2019**

**Format : 125 x 180 mm**

**120 pages**

**ISBN : 978-2-26810-131-6**

## The author

**Delphine Batho is an MP. Ex-Minister of Ecology, Sustainable Development and Energy, and abruptly dismissed from the government in 2013 for denouncing the drop in the Ecology budget. she has just been nominated President of Génération Écologie (a French political and environmental movement).**

**Dominique Bourg is a philosopher and professor at the University of Lausanne. In 2018 He published at DDB best-selling *Une nouvelle terre* (A new earth) which has since been translated into Spanish.**

**Delphine Batho, Dominique Bourg (Postf.)**

# **The Manifesto for Global Sustainability**

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**A call to put sustainability into the lives of every citizen.**

**A national issue for all countries around the world.**

**An efficient, effective and economical essay.**

**An essay to instruct and inspire.**

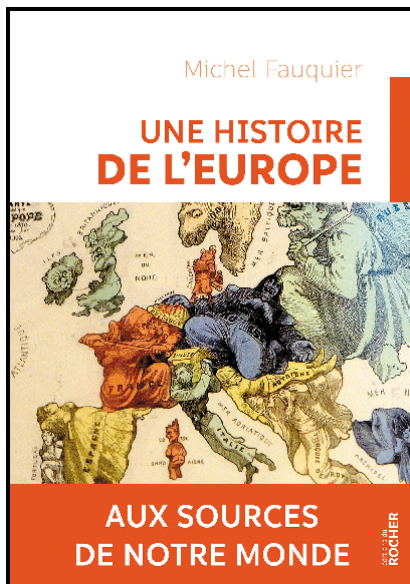
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**Are we friends or enemies of the Environment?**

In this manifesto-essay, Delphine Batho draws the political consequences of past and future environmental disasters, and which are already making our existence on our planet precarious. As inhabitants and citizens we must make ecology our priority. Each commitment by state and association must take into account the « footprints » we are leaving on our planet. At a time when environmental ministers worldwide are warning,

against the perils of "small steps", our convictions must carry and be transformed into concrete political programs. Delphine Batho appeals to all the forces of each country, from political personnel to civic members of society. What ever political ties we may have, we must draw strength from our various commitments, and join forces in a single political combat.





29 €

September 2018

Format: 170 x 244 mm

752 pages

ISBN: 978-2-26809-636-0

## The author

**Professor of Higher Chair, Doctor ès Letters and Associate of the University, Michel FAUQUIER is research director at the Albert-le-Grand Institute and lecturer on European civilization. It is through this teaching that he has conceived this book to fill a gap in the students' knowledge, to inform inquisitive minds and for all those who are preparing selective competitions and examinations which require a good level of general culture. Michel FAUQUIER is a member of many juries (Higher School of Commerce, Special Military School of Saint-Cyr / Coëtquidan, Aggregation of History**

Michel Fauquier

# A history of Europe

**From the sources of our world**

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The history of Europe from its beginning to today. For all those who aspire to a true and general culture, this is a response to the often shattered and deconstructed visions of most current history books.

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## Key points :

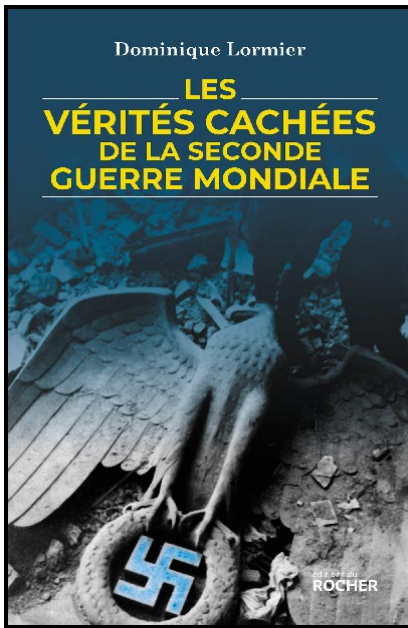
An excellent reference book to offer, not only to all students, but also to all those who do not want to resign themselves to seeing the European civilization disappear....**Les 4 vérités Aug 2018 :**

A long study which which should feature in all public and private libraries....**Mémoires des Arts Sept 2018**

We strongly recommend it, because it is very accessible, and it synthesizes well the history of our civilization.... **Breizh info Aug 2018**

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A vast synthesis in eleven essential periods of the progressive organization of the history of Europe. A complete vision of history and European geography: each section constructed from the history of an era supplemented by a choice of author texts and definitions essential for acquiring a true general culture.



22,9 €  
May 2019  
Format : 153 x 235 mm  
400 pages  
ISBN : 978-2-26810-190-3

## The author

Historian and writer, Dominique Lormier is author of more than 140 books (historical documents, biographies, literature, spirituality). Lieutenant colonel of the Reserve, he is also member of the Jean-Moulin Institute, has been awarded the prize of the Legion of Honour and Fellow of the Legion of Honour. Among his last books: : Ces chrétiens qui ont résisté à Hitler, Artège, 2018.

Dominique Lormier

# The Hidden Truths of the Second World War

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Denouncing the clichés of this crucial period of the twentieth century

---

## Key points :

Researched by one of the greatest specialists of the period

Accessible and very well documented.

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After decades of testimonies, books and articles, tv documentaries and radio programs, we think that there is nothing left to discover about the Second World War. Yet the myths of propaganda sown by the warmongers of this period exacerbated by the addition of vague theories from different sources and the media, only serve to spread a well-prepared nuance-free ideology.

So this is a captivating book which will sweep away all the old clichés such as the disembarkment and battle of Normandy being primarily an American victory, that Mussolini was just a belligerent fanatical dictator and lifelong ally of Hitler, that France and her Allies could have won the war in 1940, that the French were all collaborators and anti-Semite, that the French resistance was over-estimated and ineffective... these are only a few of the statements to be belied in this document..

Based on unpublished documents and testimonies..



19,9 €

March 2019

Format : 140 x 210 mm

344 pages

ISBN : 978-2-26810-151-4

## The author

**Strategy specialist General Eric de la Maisonnette is President of the French Society for Strategy and director of the French review magazine "Agir" (Act).**

**His regular institutional experience in China has allowed him to observe its problems of development.**

**Eric de La Maisonnette**

# China Challenges

**The Xi Jinping Revolution**

---

The state of affairs in China today and the great issues she is having to face :  
global advancement, security and its relations with the United States.

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## Key points :

**Ageopolitical viewpoint, with the latest economical figures (end 2018).**

**With an important chapter on the prospects of new Silk Roads.**

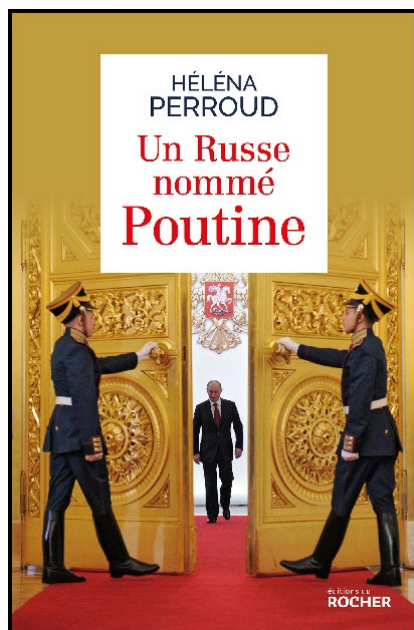
**Current backdrop of brewing US-China conflict.**

**Author has travelled frequently to China and also taught in Chinese institutions for several years.**

---

China is inseparable from a long and often heckled history, and an ancient firmly-anchored, yet contradictory, train of thought. She is also at the forefront of an advanced globalisation process.

This double movement allows us to understand her internal and external policy. So this is a document -steeped in history- on the China of today, presenting the new challenges she is facing, the new silk roads appearing at the end of an exhausted economic model, and her investment into a new geopolitical role with regards to the US.



18,9 €

January 2018

Format : 140 x 216 mm

316 pages

ISBN : 978-2-26809-637-7

## The author

**Franco-Russian Helena Perroud, born in Moscow, has always sailed between her two countries. She is a former adviser at the Elysee Palace under the chairmanship of Jacques Chirac and was the director of the French Institute of Saint Petersburg between 2005 and 2008. She travels regularly to Russia as a business consultant.**

Hélène Perroud

## A Russian called Putin

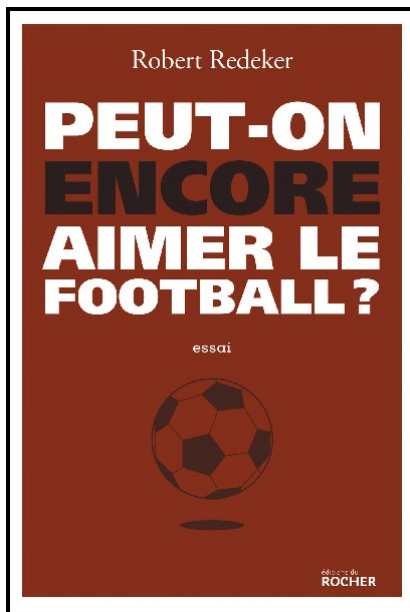
A portrait of Vladimir Putin on the eve of the Russian elections. Based on fact, analyzed by Moscow-born Hélène Perroud former adviser at the Elysée Palace and former Head of the French Institute in St Petersburg, specialist on Russian society and culture.

### Key points :

- the author knows Russia intimately having both lived and worked there; she has also had close relations with Russians from varying social backgrounds.
- the author has had the opportunity to meet Vladimir Putin in different circumstances both in Russia and France.
- the author has had access to Russian sources and members of Vladimir Putin's entourage

Just how is this politician perceived by the Russians ?

This essay is ideologically unbiased and will enlighten Vladimir Putin's policy using references to the unique history of his country and the Russian mentality. Taking its roots in the author's familiarity with Russian circles of power, as well as with Russian social reality, this portrait uses a pedagogical approach to capture the issues of the 2018 Russian election.



18,9 €  
May 2018  
Format : 140 x 210 mm  
264 pages  
ISBN : 978-2-26809-998-9

## The author

**Associate of philosophy, Robert Redeker is an intellectual, a lecturer, a photographer and literary critic. He has authored many books and articles on society ranging from sport to progress, dissecting all the myths woven into our society.**

**He has previously been translated into Spanish.**

Robert Redeker

# What's left to love about football ?

**A world fable**

---

**A philosophical dissection of our society and football in an age of showbusiness and cash.**

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## Key points :

**A topical and provocative critique by free-thinking philosopher Robert Redeker. on how football has evolved with society and an entertaining but disturbing view on our society today.**

---

Is it still possible to love football today when cash is eclipsing the ball ?

The millions of dollars spent on transfers generate more fascination than any football prowess. Robert Redeker finely examines the issue of how sport has evolved in society with his characteristic provocative perception and finesse.

English translated extracts :

« Whilst a work of art opens the door to truth, football exalts a conformism to dominant values »..

« Football allows ordinary minds guileless attempts at intellectual exercise, which, in less democratic times, would be the reserve of historians and metaphysicians »....

«Spiritual power lies in the hands of the entertainment industry'...





17,5 €

**October 2015**

**Format : 140 x 210 mm**

**208 pages**

**ISBN : 978-2-26807-903-5**

## The author

**Robert Redeker is an intellectual, a lecturer, a photographer and literary critic. He is the author of many books and has collaborated in numerous magazines and newspapers.**

**Robert Redeker**

## Old-age. Why flee ?

**An essay on the attitude of society towards the circumvented inevitability of old age.**

### Key points :

**Incisive, robust and provocative.**

What is the future of old age? The dominant ideology - the cult of youth - coupled with an inverted age-pyramid, makes us live in fear. We live in a youth-fuelled gerontophobic society - refusal of old age, - which is also the refusal of death. An implicit bio-utopia exists: immortality, seeping through the industries of cosmetics, advertising, etc ... Even the elderly ape their youth, pushing the limits of the grotesque by wearing in their 60s the clothes of their 20s. Robert Redeker reinstates old age as a reality to be assumed and lived. We learn from old age. Properly understood, it is the survival of our former world and resistance to a current world which erases the former. It is the maintenance of attitudes, gestures, expressions, values, postures, attachments, movements of the heart and soul, in short - roots.

In the contemporary world youth takes us away from life, whilst old age, this late season of existence, provided that we can accept it, can actually bring us back.

**Foreign rights licensed :**

**Spanish : Luna Libros**



9 782268 101200

17,9 €

**January 2019****Format : 140 x 216 mm****216 pages****ISBN : 978-2-26810-120-0**

## The author

**Maryline Martin is a literary journalist who investigates, throughout her novels and novellas, the place and role of women in History.**

**Maryline Martin speaks English and is mobile for book launches.**

**Maryline Martin**

# The Cancan Queen

**Louise Weber, Star at the Moulin Rouge,**

**A homage to the Moulin Rouge's most famous cancan dancer, immortalized by Toulouse-Lautrec, the brazen and loveable Louise Weber.**

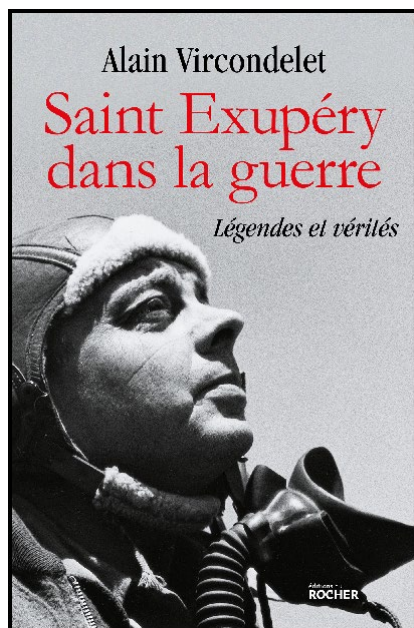
## Key points :

**The portrait of a feminist : a free woman flouting moral code**  
**The Moulin Rouge : a top international tourist attraction**

**Includes unpublished extracts from her personal diary and a photo-file of images from the Vieux-Montmartre museum**

Laundry girl as a teenager, Louise Weber, future Queen of the Moulin Rouge, would run off with her clients' gowns to perform at the local theatres around Montmartre. Her hearty appetite earned her the nickname « La Goulue » or "Guzzling Louise" and which she would keep til the end of her life. Always ready to break social etiquette, her male companion when out in public would be a he-goat on a lead. Socially immersing herself and rising like a star into fashionable Paris, she rubbed shoulders with all the rich and famous before falling into disgrace with only two friends who would remain faithful til the end.

Our author's research into Louise Weber's life is based on **access to her personal diaries, the archives at the Society of Friends of Old-Montmartre, archives at the Memoirs and Cultural Affairs department of the Prefecture of Paris, and diverse documents of Paris's local specialized libraries.** She paints the sensitive and intimate portrait of a **flighty, free, feisty and fascinating feminist, who rose to fame at the height of an era and a key figure of the Moulin Rouge, one of the world's top tourist attractions par excellence !**



18,9 €

October 2018

Format : 153 x 235 mm

248 pages

ISBN: 978-2-26809-667-4

## The author

**Writer, academic, Alain Vircondelet is considered one of the specialists of Saint Exupéry, to whom he has already devoted a dozen books. His publications include "The Tale of the Rose", a world best seller, translated into 25 languages, unanimously acclaimed by critics.**

Alain Vircondelet

# Saint Exupéry, the War and a Rose

The unvarnished biography of a committed, visionary, modern and fundamentally human writer.

## Key points :

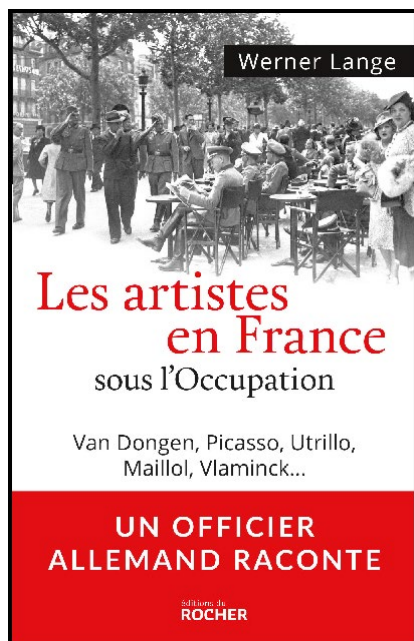
In this new essay, Alain Vircondelet exposes a philosophy of life that will find fulfillment in "The Little Prince" by restoring Saint Exupéry in all his pure truth', far from the legends and fallacies with which he has often been decried.

And our author benefits from the ultimate privilege of being one of the very rare persons with access to the Consuelo de Saint Exupéry Estate.

Author translated into over 25 languages.

Saint Exupéry is 39 when war breaks out. Anxious yet lucid, predicting a world diving into chaos he refuses to be a helpless spectator. His motto : resolve to fight and save a certain idea of civilization. Alain Vircondelet traces the events that will lead Saint Exupéry from his Orconte base, in the French region of the Marne to Algiers, then onto the United States where he prepares for a long exile to finally, in his own words "wash in the grape shot"....

**The War and a Rose :** By recounting this powerfully sentimental part of his life, with all its war-enmeshed trials, bitterness, betrayals , his tumultuous love for Consuelo, his infidelities, and especially his quest for the absolute, Alain Vircondelet exposes a philosophy of life that will find fulfillment in "The Little Prince", written on Long Island in the suspended peace of the summer of 1942.



17,9 €

March 2015

Format : 140 x 220 mm

176 pages

ISBN : 978-2-26807-649-2

## The author

**This is Werner Lange's testimony from those dark years written in Paris in the 1980s and kept in a drawer until their discovery after his death.**

**Lieutenant in the Wehrmacht during the war, Werner Lange was sent to Paris as part of the Nazi Staffél propaganda scheme between 1940 and 1944 . After the war, he settled in Paris until his death in the early 90s.**

Dr. Werner Lange

# French Artists during German Occupation and Propagandastaffel

**Mémoires of a German Officer**

**An exceptional document which evokes French artistic life under the German occupation, written by the Head of Fine Arts of the Staffél Propaganda**

In 1939 the cultured, highly educated Doctor Werner Lange is the young deputy manager of the Musée des Beaux-Arts in Berlin. He will be sent to Paris as part of the Staffél propaganda scheme to take charge of all French artists. From their Champs Elysées Head Quarters, the Nazi administration will effectively oversee and run the artistic and intellectual life of occupied France. With Doctor Werner Lange at the very heart of the system.

The unique character of this testimony lies in the description of an almost banal daily routine serving- in a new and troubling manner

- to throw into relief the relations between France and the Nazi occupier. The testimony is enriched with anecdotes and accounts of his meetings with his « friends » Utrillo, Picasso, Van Dongen, Derain, Maillol, Vlaminck, Dufy, Cocteau, Dina Vierny... And it is Doctor Werner Lange who will organize the notorious official visit by the French artists to Nazi Germany, a major success for the Propagandastaffél, as well as the Arno Breker exposition in the Palais de Chaillot.

**Foreign rights licensed :**

**Russia : Izdatelstvo DEAN**

**Canada : Mosaic Press**



16,9 €  
March 2018  
Format : 133 x 203 mm  
240 pages  
ISBN : 978-2-26809-921-7

## The author

**Walter Benjamin is on a very different journey today. Since the airport attack, he has forged a strong friendship with his rescuer, Hassan, a Muslim.**

**In his quest for answers, he has met the young people of Molenbeek in an effort to understand who they are. And he pays regular visits to the medical unit where he was treated for his amputation in order to help support and give seriously disabled patients the hope and the will to fight.**

Walter Benjamin

# Looking into the Face of Death

**Life after a terror attack.**

---

A plea for peace and benevolence. Support and hope for all those who have had lifechanging accidents and their families. This is a testimony which will mark by its exemplarity and the enormous capacity of resilience and strength of its author.

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## Key points :

**Arare testimony by a survivor of the Brussels Airport Bombing 2016.**

**7000 copies sold since publication**

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22 March 2016, 7:58 Brussels Airport.

Walter Benjamin is about to check in when the bomb explodes 3 meters away. As he regains consciousness he discovers the apocalyptic scene unfolding around him. Walter Benjamin's inspiration to write came as he lay in hospital grateful to have lost just his leg, not his life.

He recounts his experience in the aftermath and over the forthcoming months, his daily fight for survival, the long months of hospitalization, the operations, the reeducation, his anguish and black thoughts, learning how to love his new body.

This is the story of his reconstruction and his ultimate message of peace. He draws his strength from the love of his daughter. His anger is directed only towards the politicians for their negligence in the face of the rise of terrorism. His call is for benevolence and brotherhood towards our Muslim communities which should not be included in this religious fanaticism.





19 €

**February 2018**

**Format : 133 x 203 mm**

**328 pages**

**ISBN : 978-2-26809-628-5**

## The author

**Nikki DuBose is now an ambassador for the Shaw Mind Foundation which helps children and adults suffering from mental disorders.**

**She has also worked actively on the California Assembly's Bill 2539 to protect the health of models. She is member of the LWVLAC (League of Women Voters of Los Angeles) Budget Committee.**

James Johanson, Nikki DuBose, Jennifer Joffre  
(Trad.)

## Modeling and Mental Illness

Former top model Nikki Dubose talks about the dark side of the modelling business, sharing her lifestory from her childhood abuse to her international modelling career, marked by eating disorders, mental health issues and suicide attempts. And how she finally freed herself from the spiral.  
**Inspirational !**

### Key points :

-Nikki DuBose, an example of courage and resilience.

-Her story (released in the United States in digital format in September 2016) has been publicized in The Doctors, TD Jakes, CBS Los Angeles and Oprah Winfrey Net Worth or People, Los Angeles Times, Vogue UK, NY Daily News, Inquisitr, The Huffington Post UK, CNN Money ... In France: Au féminin, Madame Figaro, jeanmarcmorandini.com, BFM, C8, LCI, RTL, M6, Brut, Closer

-From an international career as top model with Maxim, Glamor, Vogue, FHM and Vanity Fair ... and now an ambassador for the Shaw Mind Foundation, which helps children and adults with mental illness.

This testimony retraces Nikki DuBose's courageous combat to break the silence weighing heavily on the world of fashion and mental illness. This is a compelling and instructive read about the dark side of the fashion business and its effect on mental health. Drawing on her experiences grappling with a life-threatening eating disorder from the age of 8 resulting from a broken home life and child abuse she navigates through the modeling industry and struggles to discover her inner voice. Nikki's story is truly remarkable and will serve as a beacon to anyone who has ever doubted their own intrinsic value.



19,9 €

**November 2018**

**Format : 265 x 197 mm**

**188 pages**

**ISBN : 978-2-26809-999-6**

## The author

**Pierre Lunel, a graduate of Roman law, has written controversial essays, and the hagiographies of churchmen - L'Abbé Pierre, the insurgent of God (Stock, 1989), Sister Emmanuelle, secrets of life (Anne Carrère, 2000) - and historical works. In 2009, he published Les Amours d'Hollywood and, two years later, Kennedy, women's secrets at Editions du Rocher. He is also the co-author of Akamasoa, Children's Dreams (EDR 2014), Insurrection (EDR 2016)**

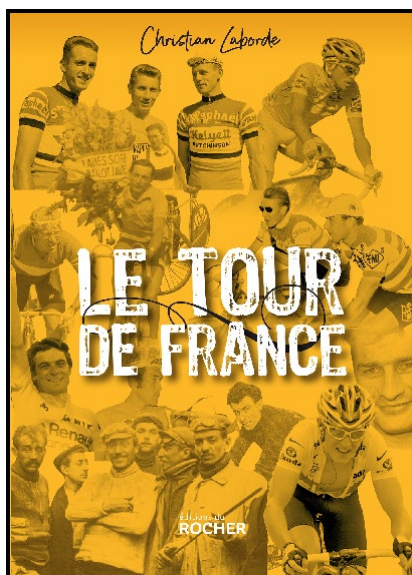
**Pierre Lunel, Père Pedro, Rijasolo (Photo)**

# The City of Hope of Père Pedro

If the message of Father Pedro and his humanitarian association, Akamasoa - born nearly thirty years ago on the garbage dump of Antananarivo - are well known, the faces and voices of the Malagasy people who have benefited from his help are less familiar. This book gives them visibility through Pierre Lunel who has collected their stories, their sufferings and their joys, their wounds and their successes. Nennie, Jacqueline, Ratrata, Felana, Miss Bao, Zô, Suzanne and the others all know the extreme poverty: because of a piece of land that no longer allows them to survive, a cyclone that has washed away their house, a violent and alcoholic husband who has abandoned his wife and children ... In Akamasoa, they have regained their dignity by working at the quarry, at the school canteen, as masons, security chiefs ... and especially their children who have been able to do their studies and become doctors, midwives, computer scientists, professors ... So many testimonies that show, like La Cité de la joie by Dominique Lapierre, the ability of men to overcome suffering, misery and misfortune.

**Foreign rights licensed :**

**Slovenian : Družtvo Mohorjeva družba**



21,9 €

**June 2019**

**Format : 174 x 246 mm**

**384 pages**

**ISBN : 978-2-26809-627-8**

## The author

**Poet, novelist, and pamphleteer Christian LABORDE is the French specialist author on the Tour de France who was personally awarded the Tour de France Medal by the quintuple winner of the Tour de France Bernard Hinault for all his books dedicated to the Tour de France.**

Christian Laborde, Sonia Lopez (Illus.)

# The fun and only A to Z of the Tour de France

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The Tour de France in 400 turns.

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## Key points :

**-Prestige of a specialist author.**

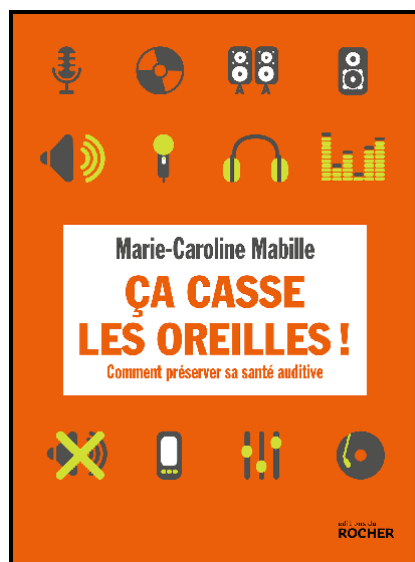
**-2019 is the centenary year of the Yellow Jersey.**

**-1969 saw the first victory of Eddy Merckx, the 2019 Tour starts in Belgium.**

---

Christian Laborde narrates the full 115 year epic of the world's biggest annual sporting event, the Tour de France. For those who want to discover the basics and for those who want to know more, this guide is filled with the joys, dramas, surprises, duels, achievements and sacrifices of a living and legendary sports event from its birth in 1903 until today.

The A to Z of The Tour de France with all its mythical mountain chains, multiple stages, winners and champions, bicycle brands, derivatives, writers, specialist journalists, songs, poems, anecdotes, expressions... covers an impressive number of themes and tales with elegant graphics. This is a historical and romantic epic of the Tour de France. We are on a journey of sheer escapism and intense beauty.



16,9 €  
**January 2018**  
**Format : 160 x 220 mm**  
**124 pages**  
**ISBN : 978-2-26809-654-4**

## The author

**Marie-Caroline Mabilles is a journalist, who has worked for nearly a decade with a specialist journal for professionals dealing with optical-eyewear and audiology markets.**

Jean-Luc Puel, Marie-Caroline Mabilles

# You only **EAR** once !

**Protect your ears !**

---

**Informative and educational, sound advice to protect our hearing without the lectures !**

---

## Key points :

- An educational book for a large audience with summaries at the end of each chapter, and interviews with doctors, acousticians, producers, stage managers, artists ...**
- Statistics reveal that over 200.000 people in the 6-25 age group suffer from moderate to total hearing impairment. The main cause of hearing loss in young people is overexposure to sound.**

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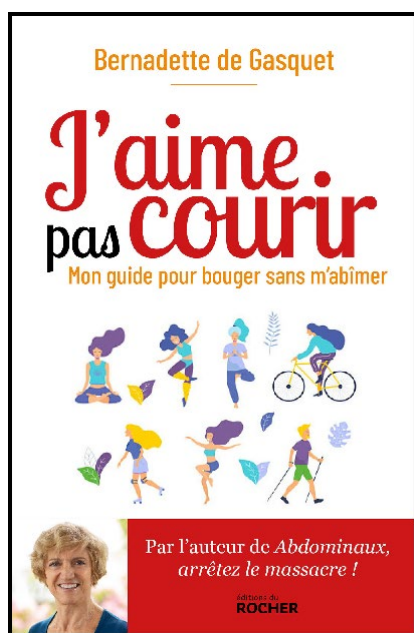
In this book, you will learn how sound is born, how the ear picks it up, why music and man have always been intimately connected, the limits of our auditory system, how our behavior towards music can be damaging for our hearing, and finally how to protect ourselves by adopting simple measures.

We discover that all the musicians in history have suffered whistling, that from 85 dB, a sound begins to be toxic to the human ear, that extended listening is also toxic: at 80 dB, the Maximum exposure time should be 8 hours, 30 minutes at 92 dB, 15 minutes at 95 dB. What are the risks ? Hearing loss, tinnitus and hyperacusis. And the consequences on health? Fatigue, irritability, concentration disorder, stress ... This is why the author lists for us the most common hearing protections. For what purpose? What are their effects on the intensity of sound? How to wear them? How expensive are they?

This publication is the result of a survey conducted among different sound or hearing specialists: the president of France Acouphènes, the founder and president of La Semaine du Son, ENT, neurologists, cognitive psychology professors, audioprothésistes ...

**Foreign rights licensed :**

**Italy : Nuova Ipsa**



**17,9 €**

February 2020

Format : 140 x 216 mm

188 pages

ISBN : 978-2-26810-313-6

## The author

Best-selling author Bernadette DE GASQUET has already been translated into **Chinese, Japanese, Spanish, and Italian.**

Known world-wide for her technique - a combination of body, traditional knowledge and contemporary medicine - Doctor Bernadette de Gasquet is also a yoga teacher.

She organizes international conferences around the world (Italy, Spain, Brazil, Japan, Canada, Belgium, Reunion Island...).

Sales figures for her best-selling titles reach over 100.000 copies.

Bernadette de Gasquet

## Running ? No way!

A guide for keeping our bodies damage-free!

---

**You don't have to go running to get healthy !**

---

### Key points :

Author previously translated into Chinese, Japanese, Italian and Spanish.

Best-selling and long-selling author.

**A method for all - from the super fit to the rest of us !**

Over a hundred illustrated exercises

With complementary advice on every day movements on top of the sport (housework etc).

---

Going running is seen these days as THE sport for keeping fit. A real diktat...

Yet for most of us running is simply not fun at all, but more of a chore, the doctor's prescription against obesity, diabetes, high blood pressure....or the price to pay to be 'in'...Very often the main reason to go running is to lose weight - with not always the right results - and with those who are the least apt for running to be the ones being pushed into it!

In her new book Bernadette de Gasquet warns us about the dangers of running. She shows us all the « right ways to move », from yoga, dancing, walking, cycling through to the right « cardio », to fully benefit from the movements, **permanently, daily and at any age !**





16,9 €  
March 2019  
Format : 140 x 215 mm  
236 pages  
ISBN : 978-2-26810-146-0

## The author

**Henri Joyeux, former hospital surgeon and oncologist, has also taught at the Faculty of Medicine of Montpellier.** He has published extensively on human ecology, related in particular to eating habits. As an international conference speaker, he is now committed to serving the lifestyle and disease health cause through his cancer prevention messages on nutrition and health patterns of behavior.

Professeur Henri Joyeux, Frank Poirier

# The Olive Tree Cure

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The Olive Tree, a Mediterranean treasure with a thousand jewels

---

## Key points :

**HENRI JOYEUX BEST SELLING FRENCH AUTHOR** has already been translated into Spanish, Portuguese, Italian, Russian, Turkish, Polish.

Feeding into current public interest in silvotherapy, on one of the richest and most emblematic trees of our civilization.

On the world of olive-growing, producers and farmers committed to sustainable crop growing

On the olive tree, and its derivatives including its fruit, its wood, its leaves ...

On the virtues of olive oil, the ultimate **HEALTH FOOD**

---

The extraordinary health virtues of a Mediterranean treasure extolled by co-authors olive crop grower Frank Poirier and life-style disease and health expert Professor Henri Joyeux. Not only on olive oil, and its proven virtues to improve digestion, coronary disease, bones and skin, the nervous system, the reproductive system and, on a broader level, immunity and longevity ... But also on its fruit, its leaves, its bark, and how the whole olive tree contains so many virtuous compounds from which the medical profession and public still have so much to learn ...

Knowing what we eat is also knowing about the life of plants, and looking at how they are grown. This practical document is also an ecological dive into the life of an extraordinary tree to decrypt the world of olive growing, from the large industrial monocultures to farmers respectful of the soil and a thousand-year-old olive-growing heritage. We travel around the whole Mediterranean, but also through the centuries ...

Finally, we are shown how best to integrate the benefits of the olive into our daily lives, how to choose our olive oil, how to enjoy it, how to use it in our kitchen, with simple, astonishing recipes that will transform your meal into a pure burst of flavor ... and health !

**Foreign rights licensed :**  
**Italian : Nuova Ipsa Editore srl**



16,9 €  
**June 2019**  
**Format : 170 x 210 mm**  
**178 pages**  
**ISBN : 978-2-26810-193-4**

## The author

**Christine Bouguet-Joyeux is a nutritionist who has authored many publications on cooking including le Guide pratique de gastronomie familiale.**

**She has previously been translated into Slovenian.**

**Professeur Henri Joyeux, Christine Bouguet-Joyeux, Bernadette Jastrebski, Myriam Gauthier-Moreau (Photo)**

## 125 slow steam recipes

**The healthiest way to cook**

**Key points :**

**Author previously translated into Slovenian**

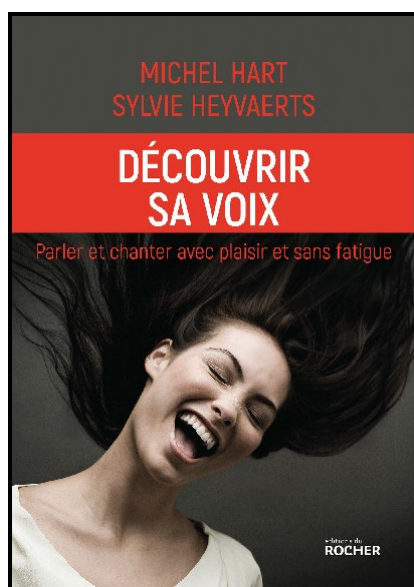
**With photos by Myriam Gauthier-Moreau**

A slow steam cooking guide with over a hundred daily and family recipes.

Slow steam cooking is the healthiest way to cook. It is also quick and helps maintain the full flavour of fruit, vegetables, meats and seasoning. Ideal for our health, it preserves food and helps eliminate toxins.

These recipes will help digestion, food absorption and food elimination. It will help fight fatigue, depression, being overweight, it will improve your tonus and immune system..

Better eating through steam cooking will help maintain your health in the most delicious way !



20,99 €

**February 2017**

**Format: 170 x 244 mm**

**264 pages**

**ISBN: 978-2-26808-987-4**

## The author

**Michel Hart is an actor, singer and music teacher. Sylvie Heyvaerts is a dancer and qi gong teacher.**

Michel Hart, Sylvie Heyvaerts

## Discover your voice

**Talking and singing with fun and for hours !**

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An invitation for us all to develop our vocal personality, in complete freedom.

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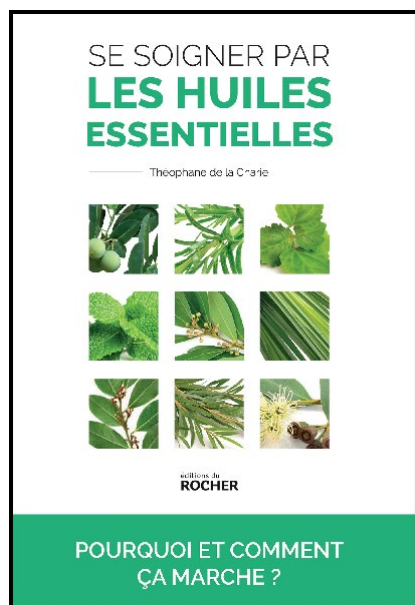
### Key points :

**-Addressed to all those using their voice through leisure or profession : teachers, lawyers, speakers, politicians, actors, professional singers or simply amateurs.**

**-Contains diagrams, illustrations and exercises, describing vocal technique.**

---

A synthesis of the great Bel Canto teaching traditions and the more recent advances in scientific research on the voice, this book reveals the basic principles supporting all vocal techniques and styles. Theory is accompanied by practice and play, to assimilate the interaction between body dynamics, breathing, the departure of sound and articulation. When these different parameters unite with the intentions of the singer or the speaker, the voice is then naturally easy and sonorous. An important chapter is also devoted to the spoken voice and the difficulties of reading aloud and public speaking. Teachers will find tools to remedy vocal fatigue, but also to educate the young ear to listen to the voice, as well as sing along with them. Historical and scientific landmarks will be useful to singers of the classics or easy listening who wish to become autonomous in their vocal training. It is such an exhilarating adventure to harness, develop and strengthen one's voice !



22,9 €

**February 2019**

**Format : 152 x 229 mm**

**526 pages**

**ISBN : 978-2-26809-783-1**

## The author

**By the specialists of essentials oils "La  
Compagnie des Sens" with the vocation  
and no-nonsense attitude of  
making essential oils fuss-free and  
available to all !**

**Théophraste de La Charie, La Compagnie des Sens**

# The Essential Oil Cure

## Why and how do Essential Oils work ?

---

"Got a problem ? Reach for the oil !" All is explained why in this  
very handy tool on essential oils.

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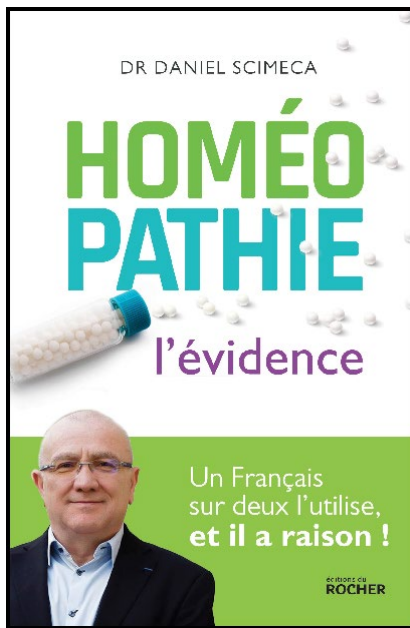
## Key points :

**Handy, accessible, clear, educational**  
**For the whole public**  
**Popular science**

---

Thorough and complete, a comprehensive explanation on why and how, within a  
therapeutic framework, essential oils work on the human body. Both scientific and  
pedagogical, this book targets the general public in a very handy, informative and practical  
manner.

For the curious neophyte and for the converted who want to know more !



14,9 €

June 2019

Format : 150 x 235 mm

208 pages

ISBN : 978-2-26810-249-8

## The author

**Daniel Scimeca is a family doctor. His professional activity is divided between consultations, research and teaching, and his activity as an author writing articles and medical books. He is president of the Fédération Française des Sociétés d'Homéopathie and is a practitioner at the Hospital of Creteil.**

Dr. Daniel Scimeca

# Homeopathy

The evidence

---

In support of homeopathy.

---

## Key points :

**Homeopathy, often decried, is in the spotlight.**

**Despite all the polemics, homeopathy remains popular and trusted for effective results.**

**A natural and danger-free medicine to challenge conventional "all-chemical" medicine which has lost its credibility through regular health scandals**

---

Homeopathy is in turmoil and is being denounced as fake medicine by the medical body. Yet the majority of us worldwide still have confidence in homeopathy.

The polemics are a reflection of the resistance of a part of the medical body to the desire of patients to be actors of their own health, with a desire to reject antibiotics and heavy treatments when more natural options are at hand. And with medical scandals abounding as well as the development of resistance to antibiotics, it is easy to understand why.

Blaming homeopathy also means showing contempt for all the specialists who have the heart to listen to their patients and to suggest, on a case by case basis, treatments which correspond to their choices.

What we are facing is a war of influence, of opinions and of misinformation.

Dr Scimeca reminds us of the bases of homeopathy, its scientific foundation and its appropriate use. He is defending an integrative medicine which increases chances for healing by taking into account knowledge not only from traditional medicine but also from alternative ones. This is an essential book for discovering the real stakes of the polemics behind homeopathy and to rediscover the basis of a tailor-made medicine.





16,9 €

January 2020

Format : 140 x 216 mm

256 pages

ISBN : 978-2-26810-307-5

## The author

**Benjamin Lubszynski is a practitioner in brief psychotherapies, hypnotherapist and coach. He is very well-known for his self-hypnosis channel on Youtube.**

Benjamin Lubszynski

# Lessons to improve your sleep

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The self-hypnosis method for better sleep in 2 months !

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## Key points :

**A book on the biggest French YouTube channel on self-hypnosis (176 000 subscribers July 2019 - 26 million views / 700,000 views per month).**

**Proper sleep : a world-wide problem !**

**A real method with proved results within 8 weeks.**

**Audio support with over 30 self-hypnosis sessions.**

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Start learning how to sleep properly instead of wondering why you can't!

Tens of thousands of YouTubers are now sleeping better thanks to Benjamin Lubszynski's YouTube channel. But a one-off viewing doesn't go far enough – what our brains really need is to learn HOW to sleep.

With the appealing approach so familiar to all his YouTube fans, this book offers a concrete 2 month training program to learn how to fall asleep easily and naturally. Every week, accompanied by concrete video and mp3 exercises, all the reader has to do is simply follow the guide. The most efficient therapies, such as hypnosis, meditation, relaxation, ASMR, cardiac coherence, are all put into practise.

This is a practical and fun book – better than any herbal tea or sleeping pill ! – and will offer exactly what you need with astounding results.

Get ready to say farewell to your insomnia !



19,9 €

**October 2017**

**Format : 140 x 216 mm**

**336 pages**

**ISBN : 978-2-26807-912-7**

## The author

**Born in 1945, Henri Joyeux, writer and lecturer, is a former university professor, and hospital practitioner of oncology and digestive surgery at Montpellier University. He is the author of the best-seller: "Changez d'Alimentation" (EDITIONS DU ROCHER 2013)**

## Professeur Henri Joyeux, Jean Joyeux **Better eating for better health - From 0-100**

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**Best-selling author Professor Henri Joyeux's latest publication on improving your health through good eating habits**

**The author has previously been published into Italian, Russian, Turkish, Spanish, Portuguese and most recently into Polish.**

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### Key points :

- Professor Emeritus Henri Joyeux, best selling and long selling author.**
- Astounding success of Changez d'Alimentation 2013**
- Popular science - accessible for the general public**
- Up to date advice using the latest scientific reports, results, and the questions put to our author during his international conferences,**

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Italian : Edizioni del Capricorno**



12,9 €

April 2016

Format : 125 x 180 mm

144 pages

ISBN : 978-2-26808-181-6

## The author

**Dr. Maurice Tran Dinh Can, is an acupuncturist. For over twenty years, he has been treating chronic fatigue and psychosomatic troubles using cranial acupuncture : the « paé roé ». He is also author of Sleeping well heals (Bien dormir pour guérir) (Editions du Rocher, 2002).**

Dr. Maurice Tran Dinh Can, Juliette Jarre

# Restore your energy through acupuncture

**Time to stop chronic fatigue !**

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Dr Tran explains how to reconnect with our « interior ecology»  
THROUGH THE REAL BENEFITS OF ACUPUNCTURE

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## Key points :

- English translation available
- Brazilian portuguese translation underway
- Exhaustion transcends borders and is increasingly widespread
- Expert advice from a doctor who has been specializing in the treatment of fatigue THROUGH ACUPUNCTURE for the past 2 decades

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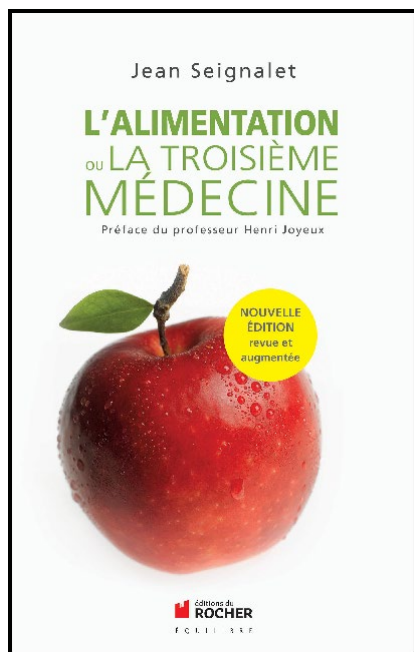
Tiredness is common enough, brought on by our frenetic way of life and the demands of modern society. But this exhaustion, which we either strive to put up or stumble blindly along with can actually bring on chronic fatigue, and this in turn can have a devastating impact on our long-term health.

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### The author

**Doctor Jean Seignalet was a pioneer of organ and tissue transplants, and in particular kidney transplants. He developed laboratory tests which continue to contribute to the diagnosis and prevention of certain diseases. For over thirty years he led the Histocompatibility Laboratory of Montpellier, whilst conducting research on food and diet.**

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