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Pauline Gajdecki Misconi – Foreign Rights Manager

*Groupe Elidia 9, espace Méditerranée - 66000 Perpignan FRANCE*

**19,9 €**

February 2021

Format : 133 x 203 mm

288 pages

ISBN : 978-2-26810-485-0

## The author

Popular French TV host of cult series "Loft story" and "Nouvelle Star" Benjamin Castaldi is a successful media personality in his own right. Starting out as a cinema columnist alongside Michel Drucker, he also now appears on the daily TV chat show "It's only TV".

## Benjamin Castaldi

Frédéric Massot (Avec la contribution de)

# Montand & Signoret. A couple in History

By their grandson

**Benjamin Castaldi celebrates the lives of these mythical stars of the screen who would have been 100 years old this year sharing 70 years of life as a couple**

## Key points :

18.000 sales within 10 weeks

Paying homage to his grandparents and mythical couple of the 7th Art

Set against the backdrop of 20th Century culture, society, topicality and history on both sides of the Atlantic

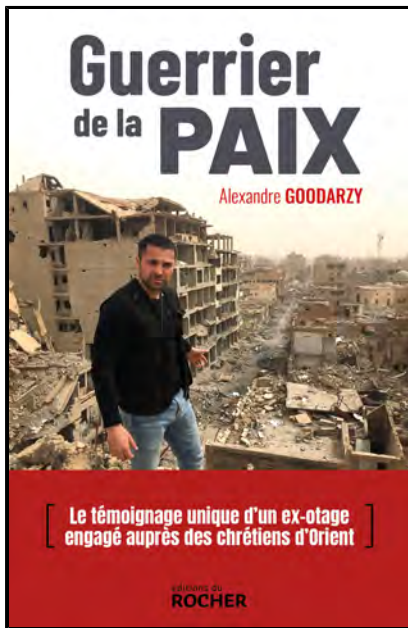
Benjamin Castaldi is also a successful TV host in his own right

Benjamin Castaldi vividly remembers his grandmother Simone Signoret and Yves Montand, (grandfather through marriage). He relates the story of this mythical couple and their love for each other til the very end when he was at their side in the Autheuil family home.

At the same time he retraces the **history of French cinema, immigration, World War Two, the Left, Communism, the USSR and the demise of certainties. Also America, Hollywood, the Oscars, Broadway. Not forgetting Marseille, Paris, the Rive Gauche, the Place Dauphine...**The fight for peace, support for refugees, for those who were suffering and for the persecuted.

This is also the story of the **20th century as the brightest or the most dismal events unfolded during the lives of this mythical couple, from the Occupation to the Fall of the Berlin Wall, the cinema sets the theatre and TV sets, in streets, in bistrotts, and in the galleries...**A history they both **embraced and illuminated and in which they were committed stage players.**

Finally this is also the story of the Castaldi family of which Simone Signoret and Yves Montand were the founding members.



**17 €**

March 2021

Format : 140 x 216 mm

336 pages

ISBN : 978-2-26810-516-1

## The author

Alexandre Goodarzy was head of mission in Syria for SOS Chrétiens d'Orient.

**Alexandre Goodarzy**

# Warrior for Peace

The unique testimony by a volunteer SOS CHRETIENS ex-hostage

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**Irak, Syria, Jordania, Éthiopia, Arménia, Pakistan : a volunteer alongside threatened Christians**

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## Key points :

- A reflection on what it means to live a life of commitment in a region of the world torn apart by war but where one can fully exist..
- A rare and unique insider's account of the war in Syria.
- The story of resistance to Daech and Al Nosra jihadists.
- The particular and troubling situation of Christians in the East.

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In 2015, the war in Syria had been raging for 4 years with ever-increasing dangers for the Christians of the East. Young volunteers were answering the call to help where Christians were in peril. Alexandre Goodarzy was one of them. In 2014, this young French history and geography teacher retired from the rectorate to join SOS Chrétiens d'Orient volunteer association.

From a revolution against dictatorship, the war in Syria very quickly became a war of religion with Christians on the front line, caught between a hardening regime and increasingly bloodthirsty Islamist groups. From Damascus to Aleppo, from the Christian cities of Maardeh to the gates of Palmyra, from the Kraak of the Knights to the future Kurdish Rojava, Alexander Goodarzy discovered another Syria. A Syria that refused the stranglehold of Daech and Al Nosra, that was fighting against the Muslim brothers and their backers, Turkey, Qatar and Saudi Arabia. Becoming head of SOS Chrétiens d'Orient for Syria, Alexandre Goodarzy and his team multiplied the development projects on the spot to rapidly widen the scope of their missions: from Syria to Ethiopia, from Pakistan to Iraq, from Armenia to Jordan...

In January 2020 Alexandre Goodarzy, was kidnapped along with three other volunteers, not far from the French embassy in Baghdad. For two months, wandering from cache to cache, he had time to reflect on the meaning of his commitment, on his native country, on Christianity and on the war of civilization being played out today.

This is a unique testimony on the calvary and the resistance of the Christians of Syria against the Islamists of Daech and Al Nosra.

## Foreign rights licensed :

Hungarian : Karpattia Studio

English World : Sophia Institute Press



**19,9 €**

January 2021

Format : 140 x 210 mm

312 pages

ISBN : 978-2-26810-470-6

## The author

Virginie Jacobberger-Lavoué began her career as a journalist as a war reporter in Afghanistan.

She is Chief Editor of the French weekly magazine Valeurs Actuelles and has been reporting on political affairs in Brazil for the past decade.

Her previous publication " Ils sont fous ces Brésiliens! " was published in 2016.

Virginie Jacobberger-Lavoué

# Brazil, a journey to the land of Bolsonaro

## Key points :

Brazil is one of the countries most often making front-page news all over the world.

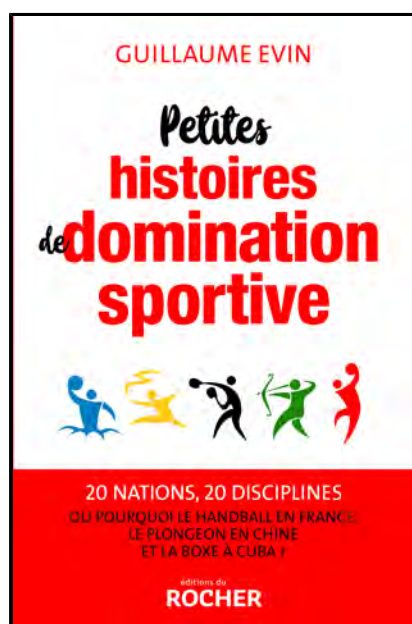
Brazil is one of the countries in the world most affected by the COVID-19 pandemic.

Virginie Jacobberger-Lavoué has been closely following Brazilian current affairs for over a decade, has access to much unpublished information and has conducted a vast range of interviews.

The ultra-conservative Jair Bolsonaro, was elected President of Brazil, South America's top economy, in October 2018. This document explains just how a homophobic, racist, dictatorship-loving misogynist has become leader of nation whose population exceeds 210 million and how he governs with the military, the liberals and with his sons, the "clan". He had made three promises : end corruption, end violence, reboot the economy. This document traces the results of the actions of the "Bolsonaro" phenomenon, taking us to the heart of the current COVID 19 sanitary crisis caused one of the world's highest death rates with its entailing consequences.

This first-ever investigation into the first two years of Jair Bolsonaro's mandate has been built from the backstage of the corridors of power from Brasilia to Davos, and is the fruit of over a dozen in-depth interviews at the Presidential palace and the Brazilian "Quai d'Orsay", hundreds of interviews with politicians and supporters from both sides of the political spectrum and from all levels of social class. This document recounts the alliances and rivalry at the heart of power, and new events rocking the government and politics, whilst providing a photograph of Brazilian society.

This document also reports from Brazil's beaches to its agricultural fields, from the plains and the mountains of Brazil to its tropical vegetation ; not forgetting its towns, from the privileged districts inhabited by the local bourgeoisie or high-finance to the slums of the favelas. So this book also exposes Brazil as the champion country of inequalities.



**17,9 €**

June 2021

Format : 133 x 203 mm

216 pages

ISBN : 978-2-26810-554-3

## The author

A true soccer and sports enthusiast in general, Guillaume Evin has been a journalist and writer for the past twenty years. Even if he has never competed in the Olympic Games, he has published nevertheless some real sports best sellers and several books on James Bond.

**Guillaume Evin**

# Sport domination around the World

Germans and sledding, Cubans and boxing, Chinese and diving ...

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**The secret of the great national sporting specialities**

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## Key points :

- An original and amusing subject
- A survey conducted among athletes, coaches, and federation executives

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Sport may be globalised, but bastions remain embodying the excellence of a discipline. Areas of excellence that are inherited, the fruit of ancestral tradition, or that emerge all of a sudden, the result of a deliberate policy of asserting soft power on an international scale.

Why do Russians excel in synchronised swimming and Hungarians in water polo?

Why does Germany win all the gold medals in sledding and China all the ones in diving?

Why has Egypt become a land of squash, while South Korea has focused on archery?

How does Japan maintain its dominance in judo while Romania seems to have lost its dominance in gymnastics?

In short, why do certain countries, sometimes for decades, dominate a sport to such an extent that they risk overshadowing competition which remains nevertheless fierce?

Guillaume Evin takes us on a journey through the countries which embody a discipline and deciphers for us the historical, political and cultural causes of these curious specialities. He reveals the secrets and strategies of the sports policies of the world's most powerful federations. For if these specialities come to embody the identity of a nation, their hegemony is eternally threatened and requires constant reinvention to avoid toppling over.



**18 €**

March 2021

Format : 140 x 210 mm

220 pages

ISBN : 978-2-26810-513-0

## The author

Vincent Coussedière is a professor of philosophy. He has published several books, including the critically acclaimed *Eloge du populisme* (Elya Editions, 2012) and *Le retour du peuple* (Le Cerf, 2016).

**Vincent Coussedière**

# In praise of assimilation

A criticism of migration ideology

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**A stimulating and original philosophical reflection on assimilation and the foreigner.**

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## Key points :

- An identified author: he has already published several books, each of which has received a favourable critical reception.
- A burning issue that all politicians are trying to grasp. Jérôme Fourquet shows, for example, that the majority of French people want greater control of migratory flows.
- A philosophical, non-partisan reflection. It goes back to the origins of the concepts of assimilation and outsiders to try to understand how the assimilationist model was destroyed and replaced

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How to deal with immigration today? What is the result? How can we deal with waves of populations that do not have the same morals, the same values and are not assimilated?

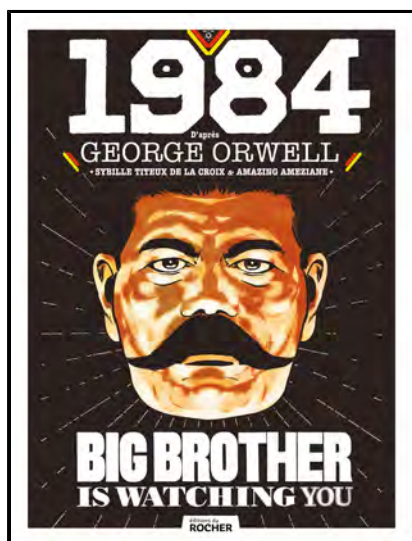
Vincent Coussedière offers a philosophical reflection on the concept of assimilation and the way it has been subverted to make way for integration. He goes back up the thread of a fundamental phenomenon that undermines any assimilationist policy: self-shame. It is in Sartre that he identifies the theorising of this affect, and it is from this that all policies to promote imported identities, the right to be different and the exaltation of the foreigner, the Other, derive.

Having explained why self-hatred prevents assimilation, he shows that adherence to certain values, such as secularism, is only possible when morals are shared. As such, it is difficult to understand secularism when one does not distinguish between the public and private spheres.

It thus shows that assimilation, the sharing of morals (and therefore ultimately of certain values) is essential to citizenship, without which it is only an empty shell.

With a clear, highly didactic pen, Vincent Coussedière offers an accessible reflection that allows us to consider current issues through a philosophical prism.





**19,9 €**

January 2021

Format : 222 x 295 mm

232 pages

ISBN : 978-2-26810-469-0

## The author

**Scénario :** Sybille Titeux de la Croix was born in 1971 and though she obtained a degree from the reputed Ecole Supérieure Nationale des Arts Décoratifs specializing in illustration and in line with family tradition, she has never lost her soft spot for literature since she was a child. She now spends almost all her time writing

**Graphics :** Fed on Bruce Lee films and Frank Miller & Bill Sienkiewicz comics and 60s 70s Soul, Ameziane (soon to become Amazing...) spent several years as Artistic Directeur illustrator and graphic designer. In 2001 he started out in comics writing several scenarios (CLAN...) and working on the comic adaptation of the novel "CUATRO MANOS" with PACO IGNACIO TAIBO 2, his favourite author. Following "BAGMEN", Ameziane became Amazing, now spends his time on projects for comics and his graphic novels with Sybille. He also works for the cinema,

Sybille Titeux de la Croix (Scénario), Amazing Ameziane (Illustrations)

# 1984

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**The graphic adaptation of Orwell's incredible novel**

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## Key points :

International and best-selling novel **FINALLY** in graphic form !  
Intense interest in systems of surveillance and the internet since American whistleblower Snowden's revelations in 2013  
By the authors of the MINORITY RIGHTS icon **Miss DAVIS**,  
EDITIONS DU ROCHER 2020

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This dystopian graphic novel depicts the future where the Party rules Oceania, reinventing grammar and vocabulary, making critical thinking and "unorthodox" political ideas impossible. Written in 1948, 1984 denounces the dangers of modern politics, including surveillance technologies embodied by Big Brother.

"200 pages weighed down with anguish. The master stroke of our two accomplices is to have used purposely simplified language, serving to keep the whole point and horror of this universe where every truth can and must lose its meaning to respect the will of the powers in force. The graphic bias (posters and other registrations in English), with dull colour schemes and black strokes) is used as support where words are already bearing down on a screed of lead, silence, betrayal"....

## Foreign rights licensed :

German : Splitter Verlag

Brazil : Nova Fronteira

Portugal : 20/20



**20,9 €**

February 2021

Format : 140 x 216 mm

304 pages

ISBN : 978-2-26810-482-9

## The author

Formerly penning works for Ministers, Lorraine Kaltenbach has previously been published by Lattes, Artaud and Flammarion.

**Lorraine Kaltenbach**

# The secret of a Soldier Queen

The extraordinary sister of Sissi

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**On Maria Sophie of Bavaria, a Queen stripped of her kingdoms and her child.**

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## Key points :

An evocative figure from the universe of Sissi.

A romantic style about a family secret

Set against the ever-changing background of history, recounting the struggles of freedom, power and love.

For the wide public

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Adored by Marcel Proust who named her the "soldier queen", Luchino Visconti dreamed of bringing her to the big screen. Queen Consort Maria Sophie of Bavaria not only lost the Kingdom of Naples and Two Sicilies but she also escaped historians who never fully fathomed her secrets.

Maria Sophie was not just the most romantic of Sissi's sisters, she was as rebellious as her illustrious Empress sister, fearless, carnal and brimming with life. At twenty she had beguiled Europe by casting aside her crinolines to take part in the Italian Revolution and Risorgimento. At 30 she had become a figure of Paris and the Belle Époque. But what lay behind her fascination for the City of Light ? Not only was it her nostalgic passion for a French Zouave papal infantry man but in particular Daisy, their love child, whom she could never publicly recognise. For if ever this secret were to be revealed the Pope, the Kings of Bavaria, and Naples and Two Sicilies would all have too much to lose....

This was a mother who had been stripped of the most sacred of attachments, who imposed her right to connect with her daughter and who took revenge on those with the very arms they had used against her. This is what Lorraine Kaltenbach reveals in an account rebounding with adventure through an investigation to track down cousin Daisy, daughter of a soldier Queen and the undisclosed niece of Sissi.

## Foreign rights licensed :

Hungarian : Helikon





21,5 €

April 2021

Format : 152 x 235 mm

408 pages

ISBN : 978-2-26810-517-8

## The author

Lyane Guillaume has received numerous awards.(Prix Jacky Bouquin, Prix Balzac, Selected Prix Renaudot, Selected Page des Libraires).

Bubbly and multilingual she herself has always enjoyed practising dancing and the performing arts. She has also spent many years in Russia.

She also writes essays, plays and hosts radio talk shows.

Mme Lyane Guillaume

# Tamara Karsavina Prima Ballerina

**Richly researched biography in the form of fictional memoirs on the extraordinary life of Tamara Karsavina (1885-1978), one of the most famous ballerinas of her day and principal artist with Nijinski at the Diaghilev Ballets Russes**

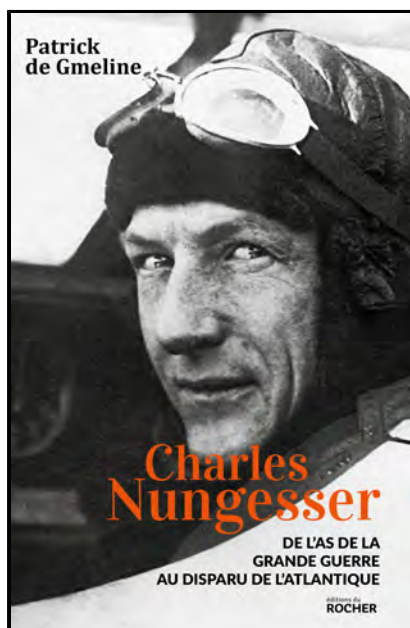
## Key points :

- A comprehensive and richly documented biography written in an engaging form and recounted like a memoir.
- The portrayal of a free woman with clear-sighted perspective on her times (the Bolshevik revolution in Saint-Petersburg, the Roaring Twenties in Paris, the swinging sixties in London...)
- The description of the world of dance and the performing arts in all the artistic glory of the day and bringing to life figures such as Nijinski, Stravinski, Lifar, Chanel, Picasso, Cocteau...

Born in Saint-Petersburg and educated at the Imperial School of Dance, Tamara Karsavina performed brilliantly on the stage of the Mariinski theater before fleeing just before the Red Terror launched by the Bolsheviks. **The roles Karsavina created for Serge Diaghilev's Ballets Russes are danced today on every continent, and it was in large part because of the artistry of Karsavina and her partner, Vaslav Nijnsky, that the Ballets Russes had their fabled impact in Paris in 1909 and in London in 1911.**

She went on to become the star performer of the Diaghilev Ballets Russes in Paris. Performing alongside Nijnski in France and throughout the world, she didn't just adhere to the classical repertoires of her time, but struck out in particular with new and bold choreographies and so breaking with the aesthetic codes of her time. Rivalling Pavlova, muse to countless artists, idolized by princes, Tamara Karsavina mingled with the most outstanding personalities of her time. She lived in Tangiers, Sofia and Budapest before finally settling in Hampstead assisting in the establishment of The Royal Ballet. She is a founder member of the Royal Academy of Dance which is now the world's largest dance-teaching organisation. Not to say her "fairy tale" existence did not have its share of dark clouds : a broken heart several times, exile from her homeland, the loss of her beloved brother religious philosopher Lev Karsavine in the Gulags...

Written in the form of a fictional memoir, this is a romanticized "autobiography" based on solid documentation and a thorough knowledge of Russian ballets and the performing arts.



**20,9 €**

February 2021

Format : 140 x 216 mm

320 pages

ISBN : 978-2-26810-480-5

## The author

Patrick de Gmeline is one of the main French military historians. His work has received 8 Literary Prizes of which two awarded by the Académie Française.

**M. Patrick de Gmeline**

# Charles Nungesser Flying Ace

From the skies of World War One to the depths of the Atlantic

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**The flamboyant destiny of a multitalented French fighter ace.**

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## Key points :

With photos

Endorsed by the Air de Paris

Eloquent Historian Patrick de Gmeline writes with rigour and brio

On a mythical figure from history with many strings to his bow....

Only one biography (1953) has ever existed.

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The name of Charles Nungesser, associated with that of Coli, immediately evokes the attempt to fly across the Atlantic on 8th May 1927, a day on which both pilots would be lost to eternity...

Yet he is more than just an explorer who vanished : over the course of his short life this French hero was an Officer of the Second Regiment of the Hussards, pilot and a Great War air ace with at least 43 recorded victories to his name, a US actor of early cinema where he played....himself, boxer, founder of a small pilot school on the very grounds of what would become Orly International airport, and the spouse of an American lady of wealth...

He is one of the most remarkable figures from the First World War, the world of aviation and the Belle Époque whose life was more than a mere existence but an outstanding human adventure.



**21,9 €**

April 2021

Format : 140 x 216 mm

328 pages

ISBN : 978-2-26810-518-5

## The author

Philippe Valode has authored numerous history books, including De Gaulle (L'Archipel 2020), La Ve République (L'Archipel 2014) and L'histoire de France en 2 000 dates (Acropole 2011).

**M. Philippe Valode**

# Karl Donitz

Succeeding Hitler for 23 days

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**In a collapsing Reich, was Hitler's successor the peace negotiator or an all-out Nazi?**

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## Key points :

- The deconstruction of the self-justifying discourse of one of those Nazi dignitaries who managed to be relatively forgotten
- Donitz lost the Battle of the Atlantic through his mismanagement of the fighting, contrary to his image as a talented strategist.
- Donitz was very close to Hitler in 1945.
- Donitz failed to win over the Americans and the British, who were no doubt prepared to leave him in place for at least a few months due to his rigid attitudes as a convinced Nazi.

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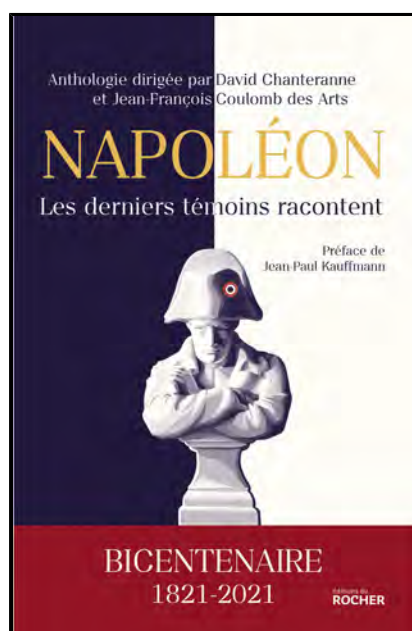
From 1 to 23 May 1945, Admiral Karl Donitz was, very legally, the supreme leader of the Nazi Reich. He had wrongly managed to pass himself off as a near winner of the Battle of the Atlantic.

Donitz, a convinced Nazi, made himself popular in Germany around two ideas:

- He brought peace by signing the capitulations of Reims and Berlin on May 7th and 8th, 1945,
- During the first 5 months of 1945 (and until 9 May) he led the naval operation Hannibal to rescue German troops and civilians trapped by the Russian army along the Baltic, East Prussian, Pomeranian and Mecklenburg coasts.

During these 23 days of power - lived day by day in the book - devoted to negotiating the surrender and then seeking an agreement with the Anglo-Saxons against the Russians, Donitz kept his Nazi credo, eventually making himself unbearable to the Americans who sacked him, locked him up, tried him and sentenced him.

The end of the book is devoted to the ten years Donitz spent in prison (everyday life) and then to the rest of his life (almost 15 years) after his release. It shows that he remains a faithful follower of Hitler...



24 €

March 2021

Format : 140 x 216 mm

584 pages

ISBN : 978-2-26810-508-6

## The author

**David Chanteranne** is a historian and art-historian. He is Chief Editor of the French magazine "Napoleon 1er". He is advisor for historical re-enactments and has participated on television in several "Secrets d'Histoire" programmes. He has authored or co-authored around 40 specialized works on Napoleon. Since 2016 he has been the curator of the Bienne-le-Château Museum of Napoleon. **Jean-François Coulomb des Arts**, is a novelist, journalist and producer. He has produced five unique documentaries shot directly on Napoleonic epic locations, and has written around a dozen film-documentaries on the First Empire.

Both authors have spent time on **Saint Helena**.

M. David Chanteranne (Textes rassemblés par), Jean-François Coulomb des Arts (Textes rassemblés par), M. Jean-Paul Kauffmann (Préface)

## Napoleon, his last witnesses recount

**Las Cases, Bertrand, Marchand, Montholon, Ali, O'Meara, Gourgaud, Antommarchi ... bear witness to the last five years of the Emperor's life shared with him on Saint Helena.**

### Key points :

- Bicentenary of the death of Napoleon 1821-2021
- Preface by Jean-Paul Kauffmann
- Originality: choice of material and different view points.
- Informative: access to all subjects covered by the imperial entourage, be they military, political, economic, social or diplomatic, whether in the public domain or in the private sector.
- Unpublished, and surprising: Napoleon and Europe (visionary, who wanted a European Code, a European Court of Cassation, the same currency, the community of the seas, etc.); Napoleon and slavery (the story of Toby, for whom he wanted freedom); Napoleon and China ...

"My life, what a story !" On the wind-swept island of Saint Helena, surrounded by a handful of faithful followers who made the choice to accompany him in his final years, the fallen Emperor will have no other mission than claim his final victory, confide in these faithful few, and seal his name for ever more

Dictating his memories, admitting his errors, exposing the determination of the enemies of France, he elaborates what will constitute a kind of political manual, lined with an important series of commentaries and advice. His confidences delivered as a captive to Las Cases, Bertrand, Marchand, Montholon, Ali, O'Meara, Gourgaud and Antommarchi serve as an invaluable testimony for future generations. Companions-in-exile, servants or commissioners, friend or foe, French or English, all will testify...

This finely selected texts have been brought together and supremely commented by the authors. Assembled for the first time in a single volume they draw an original portrait of Napoleon. Two centuries after his death, the Emperor's voice resounds, as contemporary as ever.



**19,9 €**

May 2021

Format : 153 x 235 mm

464 pages

ISBN : 978-2-26810-544-4

## The author

Historian and writer, Dominique Lormier is one of the best specialists of the Second World War.

He has authored over 140 works (historical documents, biographies, literature, spirituality). He is a reserve lieutenant-colonel, member of the Jean-Moulin Institute, a Légion d'honneur prizewinner and a Chevalier de la Légion d'honneur.

**M. Dominique Lormier**

# The uncovered truths of Nazi-Occupied France

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**Going beyond the clichés on a period when France was militarily occupied by Nazi Germany**

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## Key points :

This book is both accessible and well-documented, by one of the best specialists of the period.

Successful and well-established long-selling author

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As he did in "Les Vérités cachées de la Seconde Guerre mondiale", then in "Les Vérités cachées de la défaite de 1940", Dominique Lormier continues his meticulous investigation into the clichés of a crucial period in French history.

Exploring archives and forgotten documents, relying on unpublished testimonies, he reveals extraordinary stories, unknown facts, which go beyond the myths of the propaganda of the belligerents of that time or the cloudy theses of certain authors.

Among the subjects tackled :

Did Pétain play a double game or did he betray? Did he become an ideal scapegoat? Did the armistice army secretly resist? What role did the British play in the Grandclément affair? What role did the Americans play in the Jean Moulin affair? Why did so many French people work for the Gestapo? Who were the French people who fought in the Waffen SS? Who were the writers, journalists and artists who sought to conceal their dubious past during the Occupation? Why did so many French, Italians and Danes save Jews from deportation? Was Jacques Chaban-Delmas a great Resistance fighter?

All these questions and hidden truths are addressed in depth in this book, with well-founded answers illustrated with irrefutable facts.





**22,5 €**

February 2021

Format : 153 x 235 mm

216 pages

ISBN : 978-2-26810-481-2

## The author

Bernard Lugan is a historian. A renowned Africanist, he has taught in many universities and advised personalities. He has published about thirty books, many of which are references.

**M. Bernard Lugan**

# History of Egypt From the origins to today

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**A history of Egypt from its origins to the present day by one of the best connoisseurs of the subject.**

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## Key points :

- Very loyal readership (the author's books usually sell 4,000 copies).
- The author is one of the best specialists on Africa and Egypt
- A book that will interest the public of history books as well as the public of geopolitical books. Egypt is one of the leading countries of Arab nationalism today.

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Bernard Lugan gives a history of Egypt from the 6th century B.C. to the present day. He goes back to the time of the pharaohs, that of the Ptolemies, and the Arab conquest in the 7th century. It analyzes its position within the Ottoman Empire, its expansion in the 19th century and its role as a major strategic issue in the 20th century.

This work is a synthesis of everything that exists on Egypt, knowledge and the latest studies on its subject. It is a book without equivalent, which is the Bible for anyone who loves Egypt or wants to know more about this country with its millennia of history.



**15,9 €**

January 2021

Format : 140 x 210 mm

168 pages

ISBN : 978-2-26810-471-3

## The author

General Nicolas Le Nen is Saint-Cyr, graduated from the War School and auditor of the Center for Advanced Military Studies and the Institute for Advanced National Defense Studies. He commanded the 27th battalion of Alpine hunters and the action service of the DGSE.

This is his seventh book.

**M. Nicolas Le Nen**

# Memoirs from beyond the war....

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**The book of confidences by the great figures of history on the art of war**

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## Key points :

- for the general public on the strategies of military figures from history
- including De Gaulle, Napoleon, Clausewitz, Hannibal, Jaurès) coming forward to testify to the art of war
- on strategy but written in the form of a novel to guarantee an accessible and appealing read
- written by one of the best specialists in strategy, former commander of the action service of the **DGSE Direction Générale de Sécurité Extérieure**

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This historical document written in a very lively way reads like a novel and puts into scene the great soldiers and politicians from history. These personalities relate, in the form of a confidence, their art of war, their strategy, to a narrator who crosses the centuries.

Very original presentation by one of the most reputable military specialists of strategy in France



**18,9 €**

February 2021

Format : 140 x 216 mm

208 pages

ISBN : 978-2-26810-478-2

## The author

Myriam Brousse has been a therapist for over forty years. She is founder of the School of Cellular Memory and regularly hosts field conferences and seminars. She is the author of the best selling "Your Body remembers". "The risk of being yourself " "The descent into the body" and "The body doesn't know yet".

**Myriam Brousse**

# Body Memory

Freeing yourself from repeat trauma

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**Freeing yourself from the repetition of family trauma**

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## Key points :

By the author of the best selling and now great classic *Your Body Remembers* (67000 copies sold)

By the therapist who discovered the notion of cellular memory and founder of the School of Cellular Memory

For the self help general public and professionals

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In her best selling " Your body remembers " Myriam Brousse explained to tens of thousands of readers her discovery of the memory of the body, which keeps deeply hidden sufferings borne by the child or the foetus and which can also be marked by those of his parents and forebearers. Sufferings which cyclically reappear as life's events unfold.

In this work, Myriam Brousse lifts the veil on the specific mechanism behind cycles which resist even after self help therapy and when we are under the impression to have analysed all there was to analyse.

She explains the method she teaches in her seminars which allow us to return to the root of our problems and end the vicious circle. She enables us to let go of a purely cerebral and analytical understanding of our lives and make our bodies access a deeper understanding of the course of our life. Only then can we free ourselves from repetition and trauma and stop being victims of fate in order to consciously trace our own path in life.

## Foreign rights licensed :

Roumanian : Philobia

Hungarian : Medicina



**20 €**

May 2021

Format : 140 x 216 mm

244 pages

ISBN : 978-2-26810-547-5

## The author

Barbara Couvert confronts psychogenealogy by participating in psychodrama groups led by Anne Ancelin-Schützenberger.

She is a psychogenealogist and Gestalt-therapist.

**Mme Barbara Couvert**

# Inheriting family history ?

What science reveals about psychogenealogy

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**Understanding and liberating oneself from unconscious family legacies**

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## Key points :

- Former pupil of Anne-Ancelin Schützenberger (The Ancestor Syndrome)
- A book to bridge the gap between psychology and genetics
- A text that renews the knowledge on psychogenealogy
- Easy reading with examples from epidemiological studies and from the author's practice as a psycho-genealogist.

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How can a hidden or forgotten family event affect, one or more generations later, those who know nothing about it? Repetitions of accidents, illnesses or risky behavior: transgenerational manifestations are worrisome, making some of us believe in an inescapable destiny, or others in superstition.

However, the most recent discoveries in neuroscience show how trauma can be transmitted. Indeed, beyond its emotional impact, a shock can lead to physiological and biological damage, some of which can be genetically transmitted to subsequent generations. Barbara Couvert shows us how, from mirror neurons to the synchronization of brain waves to the choice of first names, the family has many different ways of unconsciously transmitting information to its "heirs".

This book takes us through the meanders of memory, emotions and communication. We will discover the physiological and mental processes that are the channels of this invisible transmission but also why this heredity is reprogrammable once we become aware of it and decide to act.



**18,9 €**

March 2021

Format : 140 x 216 mm

256 pages

ISBN : 978-2-26810-510-9

## The author

Anne-Catherine Sabas is a psychotherapist and psychoanalyst. She regularly trains professionals on the following themes : communication, conflict management, PTSD, behavioural change. She has authored over 20 books and invites us to realize that every crisis is a remarkable opportunity for reconciliation with ourselves, others, and - in fine - life.

**Anne-Catherine Sabas**

# Family peace at last !

Getting out of the spiral of family conflict

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**How to restore harmony in family conflicts**

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## Key points :

A reflexion on how to understand what lies behind repetitive conflict  
Fed with over 20 years of field experience with families  
Enriched with real case examples  
Concrete advice to break the vicious circle

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Most men, women, children and teenagers who seek therapy have one goal in mind : restore domestic bliss. The story is the same, whether tense relations with the children, or siblings finding their place within the family, or problems of communication resulting in daily war : painful family relations are destructive with disastrous physical and psychological consequences.

Anne-Catherine Sabas shows us how unconscious power patterns operate within the family. She explains the role of WORDS and their extraordinary capacity to free us from the vicious circle of conflict. She also shows us how to release ourselves from the fixed roles we use with each other, and which lead to misunderstanding and avoidable pain.

Without ever moralizing or underestimating the suffering, this is a book which offers us new food for thought, with ways on how to fully reconsider what seems broken in order to stand back and reconstruct.





**8,9 €**

January 2021

Format : 110 x 178 mm

272 pages

ISBN : 978-2-26810-474-4

## The author

Caroline Kruse specializes in marriage and family relationships, is a marriage counsellor, love coach and therapist, who works in various charities supporting families. She regularly collaborates with the media and holds a chronicle in the Huffington Post. She has previously published a self-help comic strip for couples at Editions du Rocher Il faut qu'on parle ("We need to talk") in 2019.

**Mme Caroline Kruse**

## Staying in Love

The secrets of couples that last

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**A guide on how couples can improve their lives together, and how they can make sense of their crises**

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### Key points :

- An efficient self-help author
- A practical, non-moralising guide with pragmatic advice
- Over two decades of field experience as a marriage counsellor
- A realistic, cliché-free, down-to-earth vision on love

---

Caroline Kruse Is a marriage counsellor. Each of us have our own habits and ideals, and we can feel hurt or lost when the other person isn't taking them into account. Caroline Kruse helps couples with communication problems to find new language and build new codes of exchange.

When it comes to love and despite different ways of living our lives and general life considerations, it is possible to create our own couple know-how. Love isn't just about that first breath-taking encounter and living happily ever after - love needs to be nurtured, worked on and worked out in a unique way, so that each couple creates their own relationship, breaking free from models inherited from society and/or parents.

What is it that makes a couple ? When faced with challenge how best react, get round it, get over it ? How can the couple inject life back into a dwindling relationship ? And what tools can they use to improve the quality of their lives together ?

This is not a magic recipe book, but it does offer crucial keys, paths, and clarity to help us stand back and increase our understanding of ourselves, of our partner and of our couple. This practical book also helps us make sense of the crises in our relationships, and sharpen our radars in order to recognise unconscious and mutual dynamics in order to avoid them.



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**7,9 €**

April 2021

Format : 110 x 178 mm

256 pages

ISBN : 978-2-26810-521-5

## The author

A general practitioner and oligotherapist, Odile Picard-Paix was a member of the Société médicale d'études des Oligo-éléments from 1977 to 2003, as well as a lecturer in oligotherapy at the Bobigny Faculty of Medicine. She has published *Tout pour soigner les rhumatismes*, Flammarion, 2004, and *Longue vie à nos articulations*, Marabout, 2015.

She practises in Paris 8e.

**Mme Odile Picard-Paix**

# Osteoarthritis, a winning battle

---

**Using oligo-elements to fight osteoarthritis**

---

## Key points :

- an international health issue, in France alone, bone and joint diseases account for six million victims.
  - An increasingly young population is being affected, particularly sportsmen and women.
  - A reference book selling 18,000 copies in its original edition
- 

An inevitable and cruel companion in old age, osteoarthritis is now recognised as a real public health problem. A disease of joint ageing leading to a progressive loss of mobility that can lead to disability, it has long been accepted with fatalism. Many people with arthrosis believe they are incurable. However, osteoarthritis is not irreversible! Forty years of all-out medical research have proven the effectiveness and diversity of treatments for this scourge. Doctor Odile Picard-Paix explains the phenomenon here and presents these conventional and alternative methods of treatment, including treatment with trace elements. The thirty or so clinical cases presented support her message of hope. The accompanying lifestyle advice is a simple and effective way to fight osteoarthritis.



**15,9 €**

April 2021

Format : 170 x 210 mm

190 pages

ISBN : 978-2-26810-525-3

## The author

France Guillain has been the author of best-sellers and long-sellers for nearly forty years, on her sailing experience around the world as well as on natural techniques from the different continents. For nearly thirty years she has been studying and practising nutrition, which is one of the essential bases of La Méthode France Guillain and Le Bain dérivatif, both published by Editions du Rocher.

éditions du  
**ROCHER**

**Mme France Guillain, Aïmata Guillain**

Myriam Gauthier-Moreau (Photographies)

# Yummy-o-5, Yummy-o-Fruit

80 energising, easy and cheap recipes

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**The Guillain method book of recipes**

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## Key points :

- An author of long sellers with a faithful audience (La méthode Guillain: more than 90,000 copies sold, Yummy-ô-5: 32,000 copies sold; Yummy-ô-fruit, 39,000 copies sold)

- Illustrated with about twenty photos

---

Food is at the heart of the Guillain Method. Its mainstay is the Yummy-ô-5, which combines the 5 categories of essential foodstuffs present in both the Okinawa and Cretan diets:

A cereal or a tuber or root vegetable

Vegetables

Some legume

A little animal protein

Raw oil

Its variant, the Yummy-ô-fruit, is perfect for energizing breakfasts.

In this book, France Guillain returns to the principles of a lively and balanced diet and shares for the first time her family recipes for a daily vitamin-rich routine.



19 €

June 2021

Format : 140 x 216 mm

288 pages

ISBN : 978-2-26810-548-2

## The author

Henri Joyeux, a former cancer surgeon and hospital surgeon, also taught at the Faculty of Medicine in Montpellier. He has published many best-sellers on food, among others: *Changez d'alimentation* and *Manger mieux et meilleur*, and his latest book published by Le Rocher is *Face aux virus, bactéries etc..*

**Professeur Henri Joyeux, M. Dominique Vialard**

## Taste and Smell

Two senses testifying to our health

---

**We hardly pay attention to them, but they are the first watchguards of our health!**

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### Key points :

- Best selling author with a faithful audience, and massive webinar and conference followers.
- Taste and smell brought back to the forefront by Covid.
- Important senses in health prevention (identification of risks but also sources of vitality).

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Taste and smell are our first two senses, already present from within the womb. Then pushed back again towards the the end of life. Covid-19, in its sad way, has put them both back into the spotlight. But it's good news for former patients: even if these senses are lost for a while, they can regenerate!

The palate, receptor of a multitude of smells and flavors, is at the crossroads of the respiratory and digestive tracts. It provides wonderful sensations, among the greatest pleasures of our lives. But taste and smell also help us to recognize certain dangers and poisons in our environment!

A prodigious and sensitive mechanism orchestrated by 5 pairs of cranial nerves that transmit to the brain information to be memorized. They stimulate the nasal mucous membrane, our lingual papillae, mobilize our chewing, maintain the teeth and our 6 major salivary glands assisted by those of the inner cheeks and gums.

The sentinels of taste and olfaction are just waiting to be educated from very early on, with their specific markers, maintained throughout life to prevent many diseases of childhood and old age.



**21,9 €**

January 2021

Format : 140 x 216 mm

304 pages

ISBN : 978-2-26810-472-0

## The author

Henri Joyeux is a former cancer surgeon and Hospital Surgeon. He has also lectured at the Faculty of Medicine at Montpellier University. He has published many works on health and diet in particular. As a conference giver he is committed to communicating on life style diseases and cancer prevention through diet and life style habits.

## Professeur Henri Joyeux

M. Dominique Vialard (Avec la contribution de)

# The war on viruses, bacteria...

Boosting your immune system

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**Your body contains everything for you to be in good health**

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## Key points :

[A key author with impact and a faithful audience](#)

[A stimulating subject for covid but not just](#)

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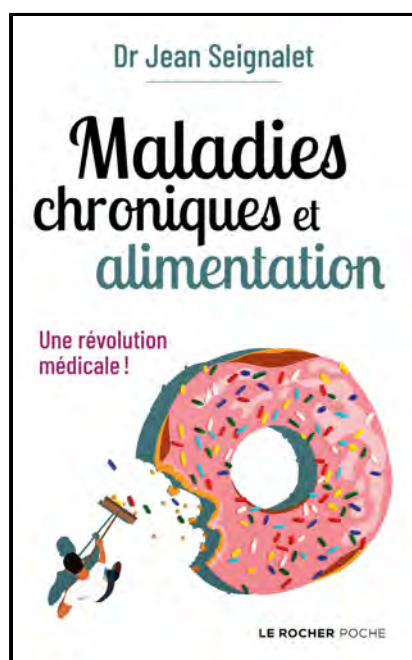
**YOUR FIRST VACCINE IS YOUR IMMUNE SYSTEM !**

By keeping it in good health your immune system is a marvellous defense and repair machine, a powerful daily source of auto-healing and as such your number one doctor !

Your immune system functions through thousands and billions of cells and bacteria sheltered by the human body. The majority are our allies if we use them intelligently and in particular through our eating habits. However in some cases they can become our enemies.

In this work professor Joyeux explains how the body's defenses, be they innate or adaptive, are so impressively assembled and how they function, to keep our bodies in good health, thanks largely to what is known as "microbiota"...





**8,9 €**

January 2021

Format : 110 x 178 mm

208 pages

ISBN : 978-2-26810-473-7

## The author

The late Jean Seignalet was a French surgeon and researcher who died in 2003, former intern at Montpellier hospitals, university lecturer – Hospital practitioner at the University of Montpellier 1. He is notably the author of the bestseller: Food or the third medicine.

**Dr. Jean Seignalet**

# Chronic Disease and Diet

A medical revolution

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**A condensed and accessible version of the scientific hypotheses by the author of Food or the Third Medicine**

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## Key points :

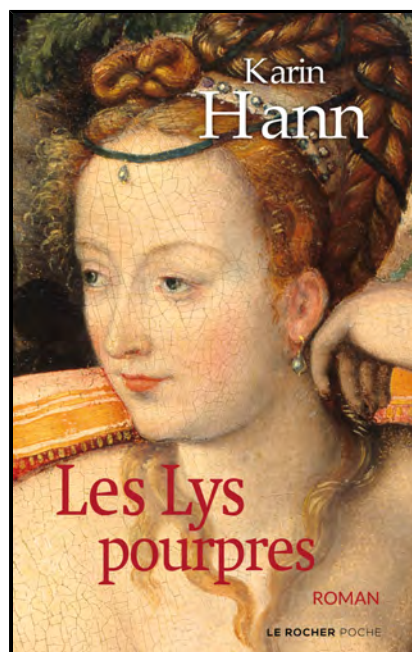
- A simpler version of Food or the Third Medicine
- Rheumatoid arthritis, multiple sclerosis, fibromyalgia, osteoarthritis, diabetes mellitus of maturity, atherosclerosis, Crohn's disease, asthma, psoriasis: diseases treated by nutritherapy

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The author of this book is now known to the general public for the famous Seignalet diet, which manages to stop the process of many incurable diseases. But these amazing results are also based on scientific theories that are revolutionizing modern medical thought. In this unpublished work, Jean Seignalet presents a summary of his scientific hypotheses (Autoimmunity, Clogging and Elimination), accompanied by unpublished observations of patients.

To meet the new health challenges of so-called "civilization" diseases, this research constitutes a major turning point in the understanding of modern diseases, of which the food factor is today the primary provider.

This book will delight therapists, scientists and the curious. It concisely and succinctly sets out the essence of a method, reasoning and clinical experience that also argue for a new, holistic and patient-friendly medicine.



**8,9 €**

June 2021

Format : 111 x 178 mm

464 pages

ISBN : 978-2-26810-552-9

## The author

Karin Hann, a doctoral student in literature, is a member of the jury for the Marcel Pagnol Prize and the Grand Prix du roman historique. Her first novel, *Althéa ou la colère d'un roi* was published by Robert Laffont in 2010 and received the Special Jury Prize at the Salon d'Ile-de-France. She also published *Les venins de la Cour* in 2013, with Éditions du Rocher.

Mme Karin Hann

## Purple lilies

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**Intrigues and passions: the rise of the young Catherine de Medici in the French court**

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### Key points :

- A great historical fresco with romantic and endearing characters
  - Nearly 5000 copies sold in large format
  - An author who has won prizes and taken part in trade fairs
- 

1538. The court of King Francis I is sumptuous. A magnificent movement from Italy, the Renaissance, exalts beauty in the arts. But his political decisions were often influenced by his formidable and ambitious mistress, Anne de Pisseleu, Duchess of Etampes. The little duchessina, Catherine de Medici, had arrived from her native Italy and married Henry, Duke of Orleans, the second son of Francis I, but the dauphin's untimely death made her the dauphin. Here she is, against all odds, called to become Queen of France. Catherine was intelligent, discreet and cultured. She soon won the heart of her father-in-law, with whom she shared a love of the arts. But as soon as she arrived in her adopted country, the young Florentine discovered that her husband was madly in love with a woman twenty years her senior, Diane de Poitiers, whom the Duchess of Etampes hated. Their conflict has considerable political consequences. With the help of Oriane de Vaudricourt, whom she saves from confinement in a convent, Catherine adapts to this hostile court where clans reign, against the backdrop of the Wars of Religion. Unable to give France an heir for several years, the Dauphine had to fight to maintain her position. Her tenacity, political acumen, patience and composure will help her to overcome all the obstacles that arise.

A sensitive, loving, relevant and endearing woman, settled in a flamboyant era which she will mark with her seal.



**19,9 €**

April 2021

Format : 140 x 190 mm

336 pages

ISBN : 978-2-26810-519-2

## The author

Biographer, novelist, playwright and literary critic, Jocelyne Sauvard has published portraits of great figures such as Simone Veil, Danielle Mitterrand, Jacques and Bernadette Chirac, and Léo Ferré.

**Mme Jocelyne Sauvard**

# Céleste and Marcel. A love of Proust

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**The story of a singular and chaste love between this great genius and his housekeeper, his only confidante.**

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## Key points :

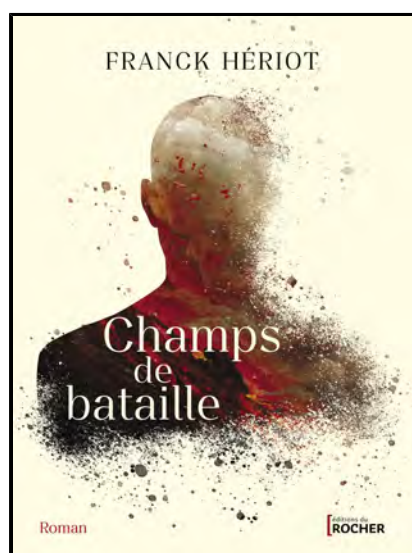
- To tell this story, the author has drawn on archives, audiovisual documents, the "Carnets", the "Correspondance", pastiches, "Jean Santeuil", "La Recherche", visited Proustian places, Céleste's places (Paris, Cabourg, Trouville, Lozère, Venice, Illiers...), collected the testimonies of those who knew them, academics, artists, journalists, "Friends of Marcel Proust", "Friends of Céleste Albaret", specialists : Jean-Yves Tadié, Luc Fraisse, Antoine Compagnon, Jacqueline Bloch-Dano...

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March 1918 - November 1922. Céleste and Marcel share a close relationship, in the privacy of the room dedicated to writing. Céleste, whose husband Odilon is at the front, lives with Marcel on the Boulevard Haussmann. German bombers are over the skies of Paris and Spanish flu is taking its toll. Marcel, haunted by the war, goes out; Céleste awaits in anguish. He returns home covered in shards of steel, and recreates for her both the constellations of fire, and the evenings at the Ritz. The same scene repeats itself every night

As Marcel recounts, a world emerges, whilst Céleste listens and questions him. At dawn, he settles back on the pillows to note down the scene he has given her to experience. When Céleste retires, it's 7.00am. At 4pm, at the first ring of the doorbell, she will bring Proust his Corcelet coffee, such is the ritual. But Marcel's asthma attacks become more frequent, time is running out. In December 1919, "A l'Ombre des jeunes filles en fleurs" won the Goncourt Prize. 1921, "Sodom and Gomorrah" was published. Scandal, success, international fame follows. Marcel weakens. Céleste takes care of him, sews the proofs. 1922, they fight death side by side until the end: Marcel to put the finishing touches to the book. Céleste to save Marcel and his work.

A magnificent huis clos revealing the secret of their intimacy, stronger for remaining chaste.. A novel to highlights Céleste's personality: that of a spirited, passionate young woman who is also a formidable storyteller.



**18,9 €**

February 2021

Format : 140 x 190 mm

336 pages

ISBN : 978-2-26810-479-9

## The author

Journalist, publisher, creator and founder of the magazine "Crimes et Châtiments" dedicated to miscellaneous news items, author of many investigation books, Franck Hériot lends his pen to RAID and GIGN officers, policemen and political figures. He has written multiple thrillers, including *La femme que j'aimais* [The woman I loved], prized at the **Liège International Film Festival**, and distinguished by the **Prix du Printemps des lecteurs**. Today, he is **General Secretary at the Prix du Quai des Orfèvres**.

**Franck Hériot**

## Battlefields

**Between light and shadow, the slow recovery of a young man who survived a serious, traumatic accident.**

### Key points :

- With pertinence, poignancy and sensitivity, Franck Hériot describes the daily life of a young patient, his torment, long struggles and small victories.
- Particularly intense situations, scenes and flashbacks that the author has lived in his own skin.
- A gripping, inspiring novel supported by a simple, delicate pen.
- A text between shadow and light, that sets, without veil, the dilemma of helplessness and incontinence, to adapt or to give up.

Charles, 25 years old, is a war reporter and photographer, who awakens one day completely paralyzed at the renowned La Salpêtrière Hospital in Paris, having survived a very serious car crash in Lebanon. *Battlefields* tells the story of the fight of this young man to walk again, going through physiotherapy, daily torture sessions; his improvements, that he believes negligible; his fathomless distress that overwhelms him, when rage does not devour him.

Fortunately, he is surrounded by good-natured people: his tender and reassuring mother, his loyal friends, a 9-year old boy in a wheelchair that he can't help but admire, a gentle nurse and his favorite literary companions that never leave him : Sagan, Gary, Cohen, Hugo, Hemingway, Rimbaud, Céline...

Charles wavers between dejection and obstinacy. Will he succeed in composing with his destroyed body ? Can he be reborn again or will he end up being swallowed up by his own shadows ?



**17,9 €**

March 2021

Format : 140 x 190 mm

200 pages

ISBN : 978-2-26810-507-9

## The author

Writer and director Enguerrand Guépy is the author of a remarkable novel published by Editions du Rocher in 2016, "Un fauve", which recounts the last hours of Patrick Dewaere before his suicide.

**M. Enguerrand Guepy**

## The body is not mine

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**"You will sit in the car and wait for the fire to cleanse you."**

---

### Key points :

-The author's talent for slipping into the skin and consciousness of a tormented character, marked by intimate cracks (see Dewaere in *Un fauve*). His main character is a success: manipulative, perverse, cynical and megalomaniac.

-A subtle novel tinged with irony, the reader is torn between the desire to laugh at the absurdity of certain scenes, and anguish at the horror of the crime.

- A true novel: the disgust that the homeless inspire in Dandonneau is a reflection of the way we all look at the marginalized, the disenfranchised. Enguerrand Guépy holds up a mirror to our own fears.

. A novel inspired by a famous criminal case: The Dandonneau case, a big audience success in "Faites entrer l'accusé" (France TV), "Enquêtes criminelles" etc. In one month on youtube, FELA Dandonneau : more than 150 000 views !

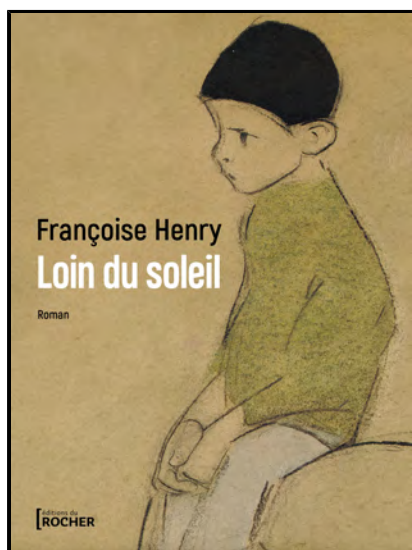
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Under the pen of Enguerrand Guépy, the Dandonneau affair - a 1980s French insurance swindle - becomes a breathtaking macabre farce. The scenario (inspired by James M. Cain's novel "Insurance on Death") is diabolical: take out eight life insurance premiums before faking a car accident. But to do this, you need a body. A body with no social identity, whose disappearance would not be noticed. What better than a homeless person? "A stinking, alcohol-soaked, no longer quite human, fucked-up piece of rubbish, a form beyond defeat..." All the more so as the money would finance a humanitarian cause: to create a "school for abused children on an island in the Pacific or the Indian Ocean"... To carry out his plan, he lacks an accomplice, or rather a disciple who would be subservient to him. For a supreme guide always needs followers.

Will everything go according to plan? Will he go through with it? The reader who is familiar with the case is no less fascinated by the deranged mind that conceived this demonic project and draws us into its delirium.

Author's presentation: <https://youtu.be/dFTadOShemc>





**17,9 €**

January 2021

Format : 140 x 190 mm

216 pages

ISBN : 978-2-26810-386-0

## The author

As an author and actress, Françoise Henry has published ten novels (Calmann-Levy, Pauvert, Grasset et Gallimard), such as *Journée d'anniversaire* (prix Cino del Duca, prix Comtois), *Le Rêve de Martin* (finalist of the prix Femina, prix M. Audoux), *Juste avant l'hiver* (prix Ch. Exbrayat, prix Fondation Ch. Oulmont, prix d'Ambronay) *La Lampe*, et *Plusieurs mois d'avril* (Blanche/Gallimard). In 2019, she has published at The Menthol House her first short stories collection *Jamais le droit de crier*. She plays on stage and writes scenarios for France-Culture and France-Inter. She regularly intervenes in schools, to host writing classes for primary, secondary and high school. She is a member of the Author's Committee of the Société des Gens de Lettres. In 2019, she became a laureate of the Villa Marguerite Yourcenar.

**Françoise Henry**

## Far from the sun

**By the means of this family story, and especially the story of a child coming of age, the renowned author Françoise Henry sheds a light on rural France.**

### Key points :

- The obscurity, loneliness and silence of rural France;
- A narrator who refuses the convenience of fatality and hasty judgements;
- The theme of illiteracy, uncommonly used in contemporary novels;
- Previously published author at Grasset (*Le Rêve de Martin*), with 7500 copies sold.

"In this new novel, one hears the singular tune of the author's voice: a piercing accuracy, entirely fuelled by sobriety and delicacy, in her concern for the "simple people", for whom no one cares." Sylvie Germain, author of *Mourir un peu* and *Cracovie à vol d'oiseaux*.

Loïc comes into the world sometime today, in a small hamlet of rural France. His father, a plumber, drives around the country roads in his work tool, his van. His mother, a nervous and idle woman, dies before he turns 6. Then begins his journey as a partly orphan child, neglected by a father who has gone back to drinking, unloved by his father's second wife, then took in by his grandparents, stubborn people, and his aggressive uncle.

As an illiterate drop-out, he finds petty jobs, and gradually, he isolates himself. His "little life" takes place between deserted villages where maybe a café and a baker's shop somehow manage to eke out a living.

But there is Greta, the neighbor from next door, who keeps an eye on him, like a nocturnal bird. She will take her chance in saving him - or at least, to give him a reason - and words - to live his life, this life as a young illiterate, who has neither the energy, nor the spirit, even less the weapons that only education and instruction can provide, to try and fight against a social system that has obliterated him, like his father, and so many other...



**15,9 €**

May 2021

Format : 140 x 190 mm

208 pages

ISBN : 978-2-26810-545-1

## The author

Sophie Henrionnet is a novelist and comic book writer.

**Sophie Henrionnet**

# More immortal than me

**A fast-paced novel, a mix on Thelma and Louise and One Flew Over the Cuckoo's Nest**

## Key points :

Gripping and addictive, a dexterous combination of gravity and allegory

A novel that deals with female burnout and schizophrenia with thriller overtones never losing its humour.

Unconditional support from Virginie Grimaldi and the Instabookeuses:

- "Sur les Balcons du ciel" (Rocher 2020), great reviews:

"This novel is a gem. Don't miss it!" - Virginie Grimaldi

"A novel you would never want to finish." - Matcelivre

"A nugget of literature." - Croqueuse de vie

"It's beautiful, it's full of hope: it's a real favourite. - Le coin des mots

etc.

- Publication of "Sur les balcons du ciel" by Livre de Poche in 2022.

How did Mathilde, in her early forties, end up locked up in a "rest home"? At what point did the life of this married pharmacist and mother of an adorable teenager slide? On the advice of her shrink, Mathilde keeps a diary in which she shares her moods, her childhood memories - the cruelty she showed her brother Charly - her daily life in a mental institution with the odious nurse she nicknamed Moustache, or her striking encounter with a certain Daphne. Little by little, the word gets out: Mathilde was suffocating in this narrow existence, felt transparent; her cocoon cracked, she lost her bearings and exploded.

But what really happened? Was there a trigger? Why is her brother, who has forgiven her so many times and stood by her, now absent? Who is Daphne and what role will she play?

A relentless construction and an unexpected fall.



**8,9 €**

June 2021

Format : 110 x 178 mm

496 pages

ISBN : 978-2-26810-556-7

## The author

Poet, novelist, pamphleteer, Christian Laborde was awarded the Tour de France medal in 2015 by Bernard Hinault, the five-time winner of the Grande Boucle, for the whole of his work on the Tour de France.

**M. Christian Laborde**

# The Tour de France

An alphabet ride

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**For cycling lovers and fans of a French sports event known all over the world**

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## Key points :

A succulent and wonderlust ride for all cycling lovers and fans of the Tour de France.

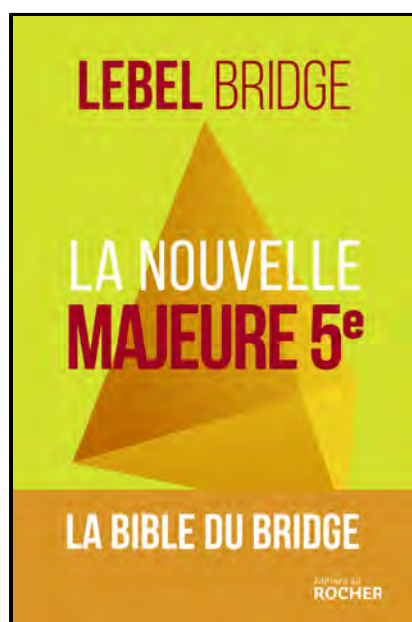
Contains all you need to know about the Tour de France

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Christian Laborde recounts the epic of the Tour de France, with all its joys, drama and unexpectancies, from its birth in 1903 to the present day: over 115 years of exploits, duels and sacrifices that have forged its legend.

The Tour from A to Z: mythical passes, stages, champions, bicycle brands, objects, writers, journalists of the Tour, songs, poems, anecdotes, expressions...

An impressive number of themes and anecdotes supported by an elegant graphic design. A historical, epic and romantic Tour, the Tour in all its forms.



**25 €**

February 2021

Format : 130 x 200 mm

424 pages

ISBN : 978-2-26810-476-8

## The author

Michel Lebel is THE world famous Bridge player, World Champion, Olympic champion and world grand-master of Bridge.

He is the best-selling author of over 50 books on Bridge at EDITIONS DU ROCHER with a World Champion career spanning decades !

Michel Lebel was born in Roumania.

**M. Michel Lebel**

## New Edition of the 5TH MAJOR

The bible for Bridge Lovers !

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**Everything you need to know to bid when playing Bridge from the designer of the 5th major.**

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### Key points :

The New Edition of Michel Lebel's Best seller which sold over 100.000 copies.

The Bridge Bible essential for beginners as well as for experienced players

With many example sheets.

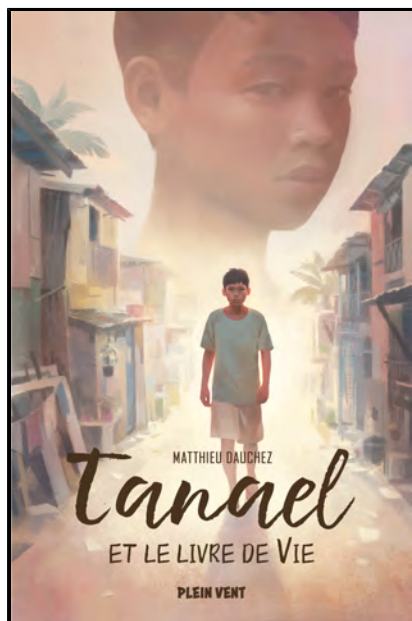
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The new major fifth is the new edition of a great bridge classic.

With the SA 15-17, the 2 Low, the forcing openings of 2 clubs and 2 diamonds and all the best conventions, today adopted by all the bridgers, this work is intended for all those who want to learn the Major fifth and to bid with maximum efficiency within the framework of Standard Lebel.

In order to facilitate your progress, you will find clearly marked many tips and new conventions for the experienced player which for those with less experience can be put on hold as you gain strength as a player.

Novel from 13+



**14,9 €**

April 2021

Format : 133 x 203 mm

320 pages

ISBN : 978-2-49254-705-8

## The author

Matthieu Dauchez was born on 28 July 1975 in Versailles. After two years he responded to the request of Cardinal Sin, the Archbishop of Manila, putting diocesan priests at the service of the poorest. Ordained a priest in 2004, he is now the director of the Tulay ng Kabataan Foundation, taking homeless children from the streets and into integration centres.

ANAK-Tnk (Tulay ng Kabataan), was founded in 1998, to support the most disadvantaged children in Manila. Today, it is directed by Father Matthieu Dauchez, assisted by the deputy director, Mrs Gloria Recio. Its activity is reinforced worldwide thanks to a large network of offices including **THE US, SINGAPOUR, BELGIUM, LUXEMBOURG, SPAIN, ITALY, THE UK, SWITZERLAND and GERMANY**

**PLEIN VENT**

## M. l'abbé Matthieu Dauchez

Marie-Clémentine du Mesnil (Illustrations), M. Raphaël Gauthey (Illustration couverture)

# Tanael

and the book of Life

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**An initiation book to discover the true meaning of life**

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## Key points :

A novel transmitting the beauty and strength of the Christian message to teenagers

An established author whose previous 4 books have been selling around 5,000 copies

With illustrations

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Ânjo is a young teenager living in the slums of Manila when a strange character known as Tanael comes into his life. Tanael both resembles Anjo yet at the same time is profoundly different from him. Tanael becomes Anjo's mysterious companion by opening his mind and heart with the help of a powerful Book of Life, the Bible.

Tanaël is no other than Anjo's guardian angel, who will thus help Anjo to discover his inner life, Christ's love for us all, and how to face all the situations of life and death that teenagers are confronted with.

Matthieu Dauchez has been inspired almost entirely by real life stories, only Tanaël is an imaginary character... and even then... Ânjo perfectly embodies the adolescent quest and Matthieu Dauchez knows only too well how to transmit the answers of the Christian faith.





6,9 €

May 2021

Format : 140 x 185 mm

64 pages

ISBN : 978-2-49254-707-2

## The author

Marie Malcurat is a French teacher who has already authored over a dozen books including the series of adventures abroad of the Jousseau family (Hong Kong, Gabon and Budapest) in the manner of the Famous Five.

In this new collection of short stories she continues to satisfy the abounding curiosity of 7-8 year olds to explore the world around them and helps them find out about the great monuments of the world, the traditions in the countries they visit, while becoming aware of the importance of preserving the heritage of our planet earth.

Mme Marie Malcurat

# The 7 new wonders of the world - Volume 1

The treasure of the Great Wall of China

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**Three little adventurers discover the great monuments of the world in a series of adventures full of twists and turns taking them in VOL 1 all the way to the China.**

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## Key points :

- Confirmed author of the series of the Jousseau family or the very successful comic book on Louis and Zélie Martin.
- This book is a journey full of adventures around Uncle James and his three orphaned nephews, Felipe, Gustavo and Clara to discover the precious secrets of the Great Wall of China;
- An exciting and educational investigation that is an opportunity for children to discover, for the first time, an exotic country and the mysteries of China;
- This new novel opens a series of 7 volumes on nature, and to keep children eager to read the next volume of the collection.

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In The Treasure of the Great Wall, the 3 nephews and their uncle James discover that the man who owns the stamp of the Great Wall of China is the oldest man in the village of Huang Huan Chen. When Uncle James and his nephews get there they find out that the famous grandfather Jian is dying and is unable to provide the stamp.

The grandson of the old man tells them about some special sticky rice that could cure the old man. This rice is so powerful that it was used to make the coating to keep the Great Wall standing. To save Grandpa Jian and get the stamp, they must find the rice field where this special rice is grown.

Unfortunately, the three children are kidnapped and taken prisoner in a guard tower of the Great Wall. Thanks to a Chinese child and his kite, they manage to escape. Once free, they follow a trail that leads them to the thousand-year-old rice plant.

Includes some small illustrations.

## **SOME FORTHCOMING PUBLICATIONS AUGUST - OCTOBER 2021**

### **GEOPOLITICS :**

<i>Geopolitical World Atlas 2022</i>	Collective under Alexis Bautzmann
<i>Geopolitical Atlas of China</i>	Collective
<i>Geopolitical Atlas of Seas and Oceans</i>	Collective under Cyrille Poirier-Coutansais
<i>The Hidden truth of Nuclear Energy</i>	By Fabien Bouglé
<i>An introduction to geopolitics analysis</i>	By Oliver Zajec

### **TOPICAL and SOCIETY :**

<i>Social Networks ; Levathians at War</i>	By Robert Redeker
<i>The Bataclan Trial</i>	By Georges Fenech
<i>#OldLivesMatter</i>	By Dr Véronique Lefebvre des Noëttes
<i>We are all concerned</i>	By Herni Guaino

### **HISTORY :**

<i>Algeria 1914-1962</i>	By Jacques Frémeaux
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### **GRAPHIC NOVEL :**

<i>Martin Scorsese</i>	By Amazing Améziane
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### **HEALTH and WELLBEING:**

<i>What to do about Alzheimer's</i>	By Dr Véronique Lefebvre des Noëttes
<i>Beating Stroke</i>	By Professor Pierre Amarenco
<i>Toddlers and Screens</i>	By Dr Anne-Lise Ducanda
<i>Stressless and here's how</i>	By Benjamin Lubszynski

